

*Putting the Love of Christ in the Heart of our Community*



# ***Signpost***

***Winscombe, Sandford and Churchill  
Parish Magazine***



May 2024

Free

## Who's Who in Winscombe, Sandford and Churchill Churches

<b>Vicar</b> St James the Great, Winscombe All Saints, Sandford St John the Baptist, Churchill	Reverend Andrew Hiscox The Vicarage, 11 Holstein Avenue, Winscombe, BS25 1EJ rev.andrew.hiscox@hotmail.com	07970 011502
<b>Assistant Curate</b>	Reverend Jacqui Keir-Bucknall rev.jacqui.kb@gmail.com	07990 766647
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<b>PCC Secretary</b>	<i>Vacant post</i>	
<b>Parish Safeguarding Officers</b>	Jo Claridge (St James's & All Saints) safeguarding@winsandchurches.org.uk Pauline Hurst (St John's) stjchurchill.safeguarding@outlook.com	01934 843014  01934 852784
<b>Churchwardens</b> St James the Great, Winscombe	<i>Two vacant posts</i>	
All Saints, Sandford	Diana Williams sandfordchurchwarden@gmail.com <i>One vacant post</i>	01934 852449
St John the Baptist, Churchill	Tricia Avery averyfarm@cpsmail.co.uk	01934 852360
<b>Pastoral Care Co-ordinator</b>	Reverend Pauline Nixon revpolly@gmail.com	07511 935860
<b>Churchill Methodist Minister</b>	Reverend Meg Slingo	01934 852314
<b>Pastor</b>	Ken Young	01934 852686
<b>Lynch Chapel Pastor/Minister</b>	The Lynch, Winscombe, BS25 1AR David Jewell davidjewells@aol.com	07443 907454
<b>Sidcot Quakers Meeting House</b>	Oakridge Lane, Sidcot, BS25 1LT	01934 843065
<b>Roman Catholics</b>	Our Lady Queen of Apostles, Cheddar	01458 83593

### How To Find Our Churches - If you need directions to:-

- St James the Great Church, Church Lane, Winscombe, BS25 1BX
- All Saints Church, Hill Road, Sandford, BS25 5NY
- St John the Baptist Church, Church Lane, Churchill, BS25 5QW
- Church Centre, 52 Woodborough Road, Winscombe, BS25 1BA

Please use your Satnav with the postcodes, or visit the website [www.achurchnearyou.com](http://www.achurchnearyou.com)

## A Challenge Offered



There's a fascinating exercise I've often undertaken with roomfuls of church members. I've asked them the question 'To what age do you trace back the beginnings of your Christian faith?' The results are almost always the same. About 40% of us think that our Christian journey started at some point before the age of four. Another 40% of us trace the beginnings of our faith back to when we were less than eleven. A further 20% say before we were eighteen. While only one in five of us report having embarked on the journey of faith as adults.

The findings I've described should give us all pause for thought. For most people, the start of our Christian journey (even if we've dropped out for a while in adolescence and early adulthood) starts in childhood.

So, if we want to grow our churches and transform our communities this suggests that it's into the faith development of children and young people that we should be putting our energies, priority and resources.

Our data suggests that more than half our churches have no young person worshipping with them on a Sunday morning. I realise, of course, how hard it is for churches to compete with the demands of football, seeing the extended family, doing any of the many things that are otherwise crowded out of busy family lives. Yet experience shows that when we offer worship at other times and in formats that are attractive to children, young people and families they do come.

This year I'm challenging all our benefices to grow their average weekly attendance by one child (net). If we could sustain such an achievement over a number of years the impact would transform our churches, our lives and our experience.

The support services of our diocese offer extensive assistance to enable local churches to think what could work with the resources you have, the passions and skills you possess and the reality of the situation where you are. Do ask for their help. Are you willing to take up the challenge I've offered?

**Michael Beasley, Bishop of Bath & Wells**

## **Signpost - The Parish Magazine**

This magazine is created by the Signpost Editor. It aims to serve and reach out to the local village communities of Winscombe, Sandford and Churchill and in doing so, provide opportunities for the residents to become more aware of activities across all Christian denominations and within our villages.

## **Next Month's Magazine**

***The deadline for the June Magazine is Sunday 12<sup>th</sup> May.*** Please submit items as Word documents to [parishmag2@gmail.com](mailto:parishmag2@gmail.com) which should be no longer than 400 words. If you are including photographs, please ensure that you have the permission of anyone appearing in the photograph for them to be published in this magazine. Please supply high resolution photographs as jpegs.

The Editorial Team reserve the right to amend and/ or reformat submitted articles.

## **Signpost – paper copy**

We produce a limited number of black and white printed copies of 'Signpost' that are available from some local shops, each of our churches and the Church Centre.

## **Signpost – via email**

We encourage as many people as possible to receive their full colour copy via email. If you would like to receive future editions of this magazine by email please send your email address to [parishmag2@gmail.com](mailto:parishmag2@gmail.com) . If you are unable to receive your copy via email, please telephone the Church Office (01934 844650), and leave a message including your full name and address.

## **Our website: [www.winsandchurches.org.uk](http://www.winsandchurches.org.uk)**

Our website is the 'go to place' for information about our Churches and activities. It is regularly updated with the latest news and information.

- ❖ Home Page: latest news, monthly service plan
- ❖ Our Vision: find out about our plans for the future
- ❖ Church Life: our activities and groups
- ❖ Our Podcasts and Videos: a library of Church services to watch or listen to
- ❖ Signpost Magazine: download the latest copy and find out how to contribute
- ❖ Hire A Venue: how to hire our Church Centre, Churches and meeting rooms

### **SIGNPOST - DONATIONS WELCOME**

It costs approximately £600 per annum to produce the magazine, based on current prices for materials and ink. Volunteers give their time freely to distribute the magazine.

We are always grateful to supporters who choose to make a donation and those that place a paid for advert, towards the on-going costs of the magazine. Donations can be placed in an envelope marked 'Signpost Donation' and posted in the letterbox at the Church Centre in Winscombe.

If you wish to place an advert, please contact the Editorial Team: [parishmag2@gmail.com](mailto:parishmag2@gmail.com)

Many thanks to all those who have already made a donation; your generosity is very much appreciated.



## **SAVE THE DATES**

**Tuesday 4th June - D-Day 80 Coffee Morning**  
Church Centre 10.30 am

*See page 12  
for full details*

**Thursday 6th June - D-Day Documentary**  
Church Centre 7.30 pm

*See page 16  
for full details*

**Thursday 6th June - Beacon Lighting**  
Millennium Green 8.45 pm

**Friday 7th June - Friday Film Club WW2 Theme**  
Church Centre 2.00 pm

**Saturday 8th June - D-Day 80 Nostalgia Night**  
An evening of themed entertainment, fun & food  
Church Centre 7.00 pm

*See page 27  
for full details*

**COME AND CELEBRATE WITH US**  
**D-DAY 80 WINSCOMBE**

More details of each event to follow



## Local History Corner

### Ringers' Painting

2024 marks the 40<sup>th</sup> anniversary of the large oil painting (4ft x 6ft [1.2m x 1.8m]) of the Winscombe Bellringers by local artist Ros Cuthbert. It was painted on the occasion of the restoration of the bells in 1982 and took a year to complete.

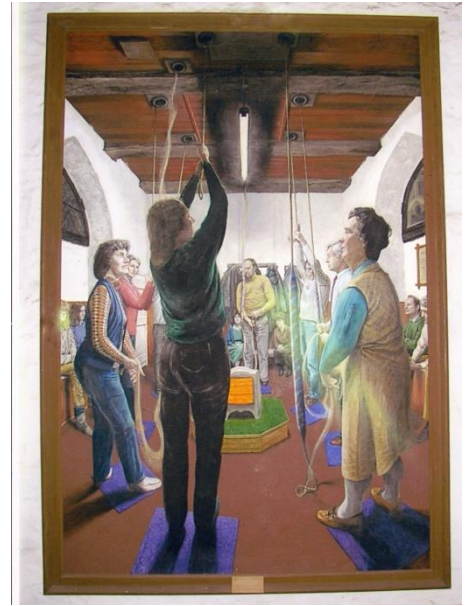
The painting featured in an art exhibition held in a marquee at the Community Centre in 1985 as part of a four-year fund-raising effort by the Ringers. Money was raised by the Ringers for this project by also organising other events such as exemption dog shows and a flower festival. Contributions to the project were also received from Ringers and a number of parishioners who each covenanted a sum of money over a period of 4 years ending in 1986.

The residue of this money, after the cost of restoration of the bells had been met, was placed in a trust fund. This is now a registered charity: The Winscombe Ringers Belfry Restoration Fund, which under the terms of the Charity may be used only for repairs to the bells and bell frame. The Ringers still add to this fund whenever possible with income received from donations and fees from weddings and other services.

At the request of Bishop John Bickersteth, the painting was hung on the north side of the west door of the private chapel in the Bishop's Palace in Wells Cathedral from 1986 to 2002. After the installation of a new bishop, the chapel was re-ordered and the painting returned to the artist. The ringers took care of the painting for a very short time until Ros Cuthbert sold the painting to a private buyer.

In 2022 Ros was informed that the painting was being offered for sale at an auction in Cumbria and the Ringers felt that here was an opportunity to save this part of our village history for posterity. Parishioners, well-wishers and ringers (a number of them contributors to the original restoration) were invited to help with the purchase, and together with a substantial and very welcome grant from the Friends of St. James' Winscombe, the painting was eventually secured at an on-line auction. The painting was purchased with the intent that it should be put on public display on church premises. However, an acceptable location could not be found, and the Ringers have placed it for safety in the Church Tower ringing chamber where it is now hung from fixings originally used many years ago for candles or lanterns. The Ringers would be pleased show visitors the painting, but they must, for safety reasons, be accompanied by a Ringer.

### John Matthews





## Supporting Your Local Foodbanks



Our churches support the **Cheddar Valley Foodbank** and the Foodbank based at the **For All Healthy Living Centre** in Bournville, Weston-Super-Mare.

We are pleased to be able to deliver non-perishable foods to the Foodbanks and continue to make a significant contribution.

There are collection baskets for each village in each of the churches and at the Church Centre. The foodbanks also appreciate cash donations which can be used to buy items in particular need or provide vouchers that can be spent on food in local supermarkets.

Cash donations can be placed in the post box at the Church Centre in Winscombe. Please label to show whether your donation is for the Cheddar Foodbank or the For All Healthy Living Centre.

These are some of the items that can be donated and are always gratefully received.

- |   |  |
|---|--|
| ❖ Soup – packet and tinned                      | ❖ Tinned vegetables                                |
| ❖ Instant mashed potato                         | ❖ Tinned fish                                      |
| ❖ Cereals                                       | ❖ UHT milk   |
| ❖ Sauces – tins and jars of pasta sauce         | ❖ Main meals in tins (nit Fray Bentos pies please) |
| ❖ Tinned cold meat – corned beef, spam etc      | ❖ Squash   |
| ❖ Long life fruit juices                        | ❖ Paper goods – toilet roll, kitchen roll etc.     |
| ❖ Desserts – tinned fruit, rice pudding, sponge | ❖ Custard – tinned or instant                      |
| ❖ Pasta, rice, instant noodles                  | ❖ Tea bags, coffee, hot chocolate                  |
| ❖ Sugar   | ❖ Biscuits   |
| ❖ Personal items – soap, toothbrushes & paste   | ❖ Men’s and ladies’ toiletries                     |
| ❖ Confectionery                                 | ❖ Snack bars and crisps                            |



**Winscombe**  
SATURDAY MARKET

**Winscombe Saturday  
Market  
Winscombe Community  
Centre  
Every 3rd Saturday  
of the month  
0900-1300**

## Christian Aid Week 2024 – 12<sup>th</sup> to 18<sup>th</sup> May

### Seven days, so many ways to make a difference

Every Christian Aid Week, people across Britain and Ireland raise funds, act and pray for their global neighbours in a celebration of hope for a fairer world.



This year's appeal is focussing on the organisation's work in Burundi, one of the most densely populated and poorest countries in Africa. The global cost of living crisis has intensified the challenges: more than 70 per cent of the population live in poverty and more than half of children are chronically malnourished.

Christian Aid has been working in Burundi since 1995 when it first offered humanitarian assistance to people surviving the civil conflict. Now, alongside local partners, the organisation helps establish Village Savings and Loans Associations (VSLAs). These groups mean people can save and borrow money, offering reliable and diverse incomes so families can eat regularly, get medicine when they need it, and build safer homes.

Thirty-five-year-old Aline Nibogora is the chairperson of a VSLA which supports some 25 families. Aline escaped an abusive marriage only to find herself on the streets begging for a place to stay. Her life changed when she went to a three-day, Christian Aid funded community workshop. With a small loan, Aline began trading avocados and peanuts. She's now a grocery wholesaler and building a home for her family.

*"I don't want my children to have a painful life like mine, remembering it makes me weep. I could never have dreamed I would one day have a brick house and be a successful businesswoman, able to feed and clothe my children. This is a plan and I will do it; I am a woman who is an achiever."*

**This Christian Aid Week supporters are once more stepping up, knowing that every prayer, every gift, every action helps transform lives.**

You can watch Aline's story here: <https://www.youtube.com/watch?v=KtieJPH39m0>

You can help push back against poverty and donate directly to the Winscombe, Sandford and Churchill Christian Aid Week appeal here:

<https://fundraise.christianaid.org.uk/envelope-2024/winscombe>

### **Costings:**

#### **What could your donations buy?**

**£5** could buy a savings book for a member of a VSLA, setting them up to start their own small business and become financially independent.

**£30** would help a family buy two Jerrycans to collect water from the river to carry back to their farm. Jerrycans provide irrigation to crops, especially during the dry season, maintaining food production for the family.

**£100** could also help buy a family a bicycle meaning easier transport to school, quicker access to medical treatment in emergencies or support carrying produce from farm to market.



Christian Aid groups in North Somerset present

# The Joyful Spirit Choir

## concert

**Friday 7 June 7.30pm**

Sidcot School

Quaker Meeting Hall



We're delighted to partner with Joyful Spirit raising money to transform lives across the world. Joyful Spirit – a brilliant community gospel choir based in Wrington; with a live four-piece band and around 40 singers.

The roots of gospel music influence the joyful and inspirational music we enjoy today. Joyful Spirit will sing a range of songs influenced by that heritage from artists such as Abba, Jackie Wilson, Dusty Springfield, Marvin Gaye, Simon & Garfunkel, Toto, ELO, Earth Wind & Fire, etc. Suitable for all ages. Parking available.

Obtain tickets online from Eventbrite (Fee applies)

<https://joyfulspiritCA.eventbrite.com>

or from the church office, or Christian Aid volunteers. Price £8 in advance.

email: [dhart@christian-aid.org](mailto:dhart@christian-aid.org)



### BIBLE READINGS FOR MAY

<b>Sunday 5<sup>th</sup> May</b> Acts 10: 44-48 Psalm 98 1 John 5: 1-6 Matthew 14: 13-21	<b>Sunday 12<sup>th</sup> May</b> Acts 1: 15-17, 21-26 Psalm 1 1 John 5: 9-13 John 17: 6-19	A black and white illustration of an open Bible with a key resting on it. The words "HOLY BIBLE" are visible on the pages.
<b>Sunday 19<sup>th</sup> May</b> Acts 2: 1-21 <i>or</i> Ezekiel 37: 1-14 Psalm 104: 24-34, 35b Romans 8: 22-27 <i>or</i> Acts 2: 1-21 John 15: 26-27; 16: 4b-15	<b>Sunday 26<sup>th</sup> May</b> Isaiah 6: 1-8 Psalm 29 Romans 8: 12-17 John 3: 1-17	

## Supporting and Protecting Our Natural World

### Anticipation

It is always a good time of the year waiting for the spring to come and just anticipating what is to come.

#### The Common Purple Orchid

When I first realised that I had a hidden meadow here at 'Hillview' it was very, very exciting as more and more wildflowers appeared apparently from nowhere once I had stopped the sheep from grazing in the field.

Most surprising were the orchids, common I know. They were the Common Purple Orchid but stunningly beautiful. In 2014 I counted just 3 in the bottom northeast corner of the field. There were seven the next year, 17 the next year and so on until now there are just too many to count. They have also spread to the adjoining field just a few at a time.



First to appear is a rosette of deep green leaves with deep purple oval splodges.

When the flowers first open in early spring, their sweet smell attracts bees and other insects to pollinate them, despite having no nectar. The flowers are designed to attract pollinators. There may be up to 50 flowers on a tall spike that have a hood like

structure above and a 3 lobed lip at the base on which the pollinator can land and gain access to the flower. Once fertilised, the smell becomes unpleasant.

How do these orchids spread, always in small clusters and not too far away from each other? This is another wonder of nature. Nothing to do with humans.

The seeds are tiny, no bigger than a speck of dust, the tiniest seeds in the world. Vast numbers of the spindle shaped seeds are dispersed by wind. They are so light because they have an embryo and a small amount of protein, but the rest (80%), is air. There are no stores of food to rely on until the first leaves are out and able to make food by photosynthesis. There is no simple root, shoot or seed leaf. One seed capsule can contain 5000 seeds and the whole plant produces about 90 000 seeds.



Therefore, the seed must have an alternative way of germinating. It seems fantastic but the seed not only needs to fall on a place with just the right conditions of soil, light and moisture it must also form a relationship with a mychorizal fungus that lives under the ground and penetrates the seed and its embryo with a fine thread called a hypha to provide the seed with water and nutrients There's more! The seed can only germinate in the dark. Therefore, it has to be trampled on or washed below the soil's surface. Quite a feat of survival!



Scattering huge numbers of seeds, with the wind, increases the chance for at least some of the seeds to find their specific fungal partner. Long distance dispersal means that the same amount of seed is spread over a larger area which would actually lower the odds of finding a compatible fungal partner in a suitable location. Thus, orchids are found separate but relatively close to each other because the chances of finding a host fungus is greater. Though this propagation method seems wasteful the plant has not had to spend very much energy on producing seeds so instead can produce prodigious numbers.



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## All Saints Church Community Café



The April Cafe raised £450.57 including Gift Aid.  
Many thanks to all those who supported us.

Our next cafe will be on  
**Saturday 4<sup>th</sup> May**  
**10.30 am – 12.30 pm**  
at All Saints

We serve coffee, a variety of teas and soft drinks along with homemade cakes, biscuits and soup.

We look forward to seeing you again.

\*\*\*\*\*



**Folk ... Yes, but all kinds of music and verse**  
**Fourth Tuesday each month 7.30 to 10.30 £2**

A quiet and respectful acoustic space for performers and audience.

Further information from Nigel Carson, 07551 197685 or [winscombefolkclub@gmail.com](mailto:winscombefolkclub@gmail.com). Also on Facebook.





**D-DAY 80 WINSCOMBE**  
**D DAY COFFEE MORNING**

**TUESDAY 4TH JUNE**

**10.30 AM**

**AT THE CHURCH CENTRE**  
**WINSCOMBE**

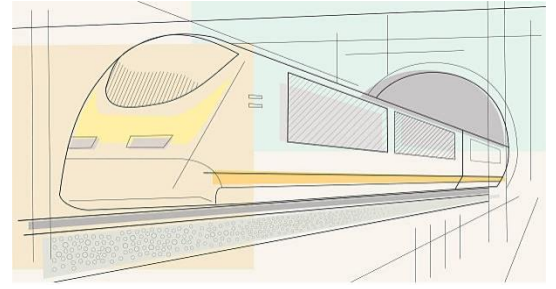
Free tickets  
from Beth  
01934 844529  
or at Tuesday  
Coffee  
Mornings



**COME AND CELEBRATE WITH US**

## May Quiz

6<sup>th</sup> May marks the 30th anniversary of the Channel Tunnel opening. Considered one of the most amazing engineering feats of the 20th century, the Channel Tunnel - which connects England and France - officially opened in 1994, becoming the world's longest undersea tunnel.



This month's quiz is all about engineering feats ancient and modern. Answers can be found on page 18.

1. What structure notorious for its 3.97 degree tilt is the freestanding bell tower of a cathedral in its namesake Italian town?
2. What popular English phrase is used to describe the Japanese train known as the Shinkansen which was the fastest train the world had ever seen when it was launched in 1964?
3. What 72 story skyscraper on London Bridge Street, designed by Renzo Piano, shares its name with a broken piece of glass with sharp edges?
4. What Californian structure designed in 1917 has an official colour of 'international orange'?
5. Where can stadium nick named the Bird's Nest be found and for which summer Olympic games was it built?
6. Where can the Large Hadron Collider, one of the most advanced research facilities ever designed, be found?
7. What did Robert Ripley, the American illustrator call 'The Mightiest work of man- the only one that would be visible to the human eye from the Moon'. This statement has since been proved to be wrong!
8. Which Peruvian world heritage site has a name which means 'Old Mountain'?
9. Which building is the world's tallest free-standing structure which at 829.8m tall opened in January 2010?
10. Which Islamic religious building, mosque and tomb was built in the 17<sup>th</sup> century by Shah Jahan in memory of his third wife who died after giving birth to their 14<sup>th</sup> child? It took 17 years to build. It took over 1,000 elephants to transport the material used.



# Winscombe RNLI

In association with Winscombe Folk Club present

## “Vintage Cheddar”

## Rock Band



Lifeboats  
**RNLI**  
**200**  
1824-2024



## Rock & Roll @ The Church Centre

52 Woodborough Rd, Winscombe BS25 1BA

### Sat 18th May

Bar available

Doors open 7.30 for 8pm start

Tickets £8+ 38p fee on line at

[Universe.com/winscombe](http://Universe.com/winscombe)

*or text 07551 197 685*



### **APRIL BRANCH MEETING**

On Monday 8<sup>th</sup> April the Branch Meeting was held in Wells Golf Club. The meeting included a presentation by the new Chairman entitled; *'They Bend Them, We Mend Them'* cataloguing some of his experiences as an Engineering Officer at two RAF stations during the 1970s working on Harrier and Canberra aircraft.



During the formal part of the meeting, members planned how the Branch would provide a display and presence at a number of exhibition events during the early summer. The aim will be to raise funds for the RAFA Wings Appeal and also to recruit new members. Members also discussed how the Branch should be represented at the 2024 RAFA Regional & National Conferences. The meeting concluded with drinks and lunch from the golf club bar and menu.

### **FUTURE PROGRAMME**

The next event will be on Monday 13<sup>th</sup> May at 11:00 am in Wells Golf Club, Blackheath Lane, Wells, BA5 3DS. This will be a Branch Meeting including part 2 of the above presentation from the Chairman and conclude with a pub lunch and drinks from the golf club menu.

The Branch visit to the Fleet Air Arm Museum at Yeovilton originally planned for April has been re-programmed for Saturday 11<sup>th</sup> May meeting at 10:00 am at the museum; contact the Secretary via email: [rafa.midsomerset@gmail.com](mailto:rafa.midsomerset@gmail.com) or call 01458 224057 for details.

The Branch will be attending its first exhibition event which will be the WarAg Festival at Westonzoyland Airfield on 25<sup>th</sup> and 26<sup>th</sup> May from 10:00 am to 5:00 pm and will mount a display of our Branch activities and what the RAFA Charity does.

The June Branch Meeting will be on Monday 3<sup>rd</sup> June at 11:00 am in Wells Golf Club, Blackheath Lane, Wells, BA5 3DS and will include a presentation by Robbert Turner entitled *'The Westonzoyland Air Museum'* again the meeting will conclude with drinks and lunch.

The Branch covers BS25, BS26, BS27, BS28, BA4, BA5, BA16, TA10 & TA11 postal areas. This event is open to Members from any RAFA Branch, Current and Ex-RAF Personnel and Reserves, Current and Ex-Commonwealth Air Forces Personnel, Members of the RAF Family and Members of the public that support the aims and purpose of RAFA. For further information, please either contact the Branch via email at [rafa.midsomerset@gmail.com](mailto:rafa.midsomerset@gmail.com) or telephone the Secretary on 01458 224057.





**D-DAY 80 WINSCOMBE  
BEACON LIGHTING EVENING**

**THURSDAY 6TH JUNE**

7.30pm at The Church Centre, Winscombe

D day Documentary Film



For all ages. Come & learn about the events  
that took place on D Day in 1944

Refreshments

**FOLLOWED BY**

**BEACON LIGHTING**



Be part of this national event

8.45pm on The Millennium Green

Both events are free

**COME AND CELEBRATE WITH US**



**WINSCOMBE W.I.**

You are welcome to join us for our next meeting:

**Wednesday 8<sup>th</sup> May 2024**

at 7.15 pm for 7.30 pm start  
at Sewell House, Winscombe

For a discussion on **'Resolutions'** (W.I. initiatives)  
followed by cheese & wine (other refreshments available)  
and finish off with a music quiz  
*(find us on Facebook)*



**Knit, crochet, macramé,  
sew or simply natter!**

**Tea and coffee  
provided.**

**Knit &**



**Natter!**

**Second and fourth  
Wednesday each  
month**

**2pm - 4pm**

**at LYNCH CHAPEL**

**(Just over the bridge on The Lynch)**

**FREE**  
**No need to book -  
just turn up!**



**MAY 8<sup>th</sup> and 22<sup>nd</sup>**

**JUNE 12<sup>th</sup> and 26<sup>th</sup>**

# Come for a Cuppa!

LYNCH CHAPEL

Saturday 4<sup>th</sup> May and 1<sup>st</sup> June

2.30pm - 4pm

Tea/coffee and cake

*First Saturday every month!*



# Come for a Cuppa!

## May Quiz Answers

1. The Leaning Tower of Pisa
2. The Bullet Train
3. The Shard
4. The Golden Gate Bridge
5. Beijing for the Summer 2008 Olympics
6. At CERN (The European Organisation for Nuclear Research) in Switzerland
7. The Great Wall of China
8. Machu Picchu
9. The Burj Khalifa
10. The Taj Mahal





## Birth Flowers and Birth Stones

### May

#### Lily of the Valley

One of the most fragrant scents of spring belongs to May's birth flower, Lily of the Valley. Lily of the Valley is associated with meanings in different cultures and across different eras.



According to ancient astrology, this flower was under the protection of the son of the goddess Maia. For the Greeks, this god was Hermes and for the Romans it was Mercury.

Another legend tells of a Lily of the Valley who fell in love with a nightingale's song, so it bloomed only when the bird returned to the woods in May and the Victorians believed that Lily of the Valley represented 'a return to happiness'.

In Germanic mythology, Lily of the Valley flowers have been associated with humility and purity and in Christian legend Eve's tears turned into Lillies of the Valley as she was expelled from the Garden of Eden. The flower is seen as a sign of Christ's second coming and is mentioned many times in the bible including the Gospel of St. Matthew Chapter 6: *"And why are you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin, yet I tell you, even Solomon in all his glory was not arrayed like one of these."*

In the garden Lily of the Valley grows best in moist, fertile soils and is happiest in part to full shade. It can, however, spread rapidly! It is also toxic; every part is poisonous – root, stems, leaves and flowers.

So even though Lily of the Valley appears dainty and represents happiness, humility and sweetness, it can be deceiving and even dangerous!

#### The Emerald



The birthstone for May is the Emerald. The word 'emerald' comes from the Latin 'esmaralda' and 'esmaraldus' meaning 'green gem'. The colour is fitting for springtime and renewal representing new life after winter.

The Ancient Egyptians adored the gem so much they dedicated it to Venus, the goddess of love and beauty and it was Cleopatra's favourite.

Legend has it that the wearer of emeralds can see into the future.

An emerald is known for its beautiful and mesmerising green colour, which varies from light green to a deeper rare intense green-blue.

The gemstone symbolises youth, rebirth, wisdom, success in love and good fortune. representing fidelity, goodness and love

Today, most emerald gemstones are mined in Columbia, Zambia and Brazil.


*Come  
sing with us...*

# Joyful Voices

Fun, uplifting afternoons  
Led by Kate Lynch

Tuesday afternoons  
1.30-3.00pm  
Cheddar Catholic Community Hall

For more information about joining -  
Email:  
[joyfulvoicesafternoon@gmail.com](mailto:joyfulvoicesafternoon@gmail.com)



# **MID-WEEK CHURCH SERVICE**

*Short, informal service on the first Wednesday of each month  
10.30am at Lynch Chapel, followed by tea and coffee*



# Family Film Club

## On the Big Screen at Lynch Chapel, Winscombe

Saturday 18<sup>th</sup> May  
Saturday 29<sup>th</sup> June

Doors open at 2.45pm

Film starts at 3pm

**Admission FREE**

**Come and collect your 2024 Family Film Club membership card  
Membership FREE**

Films are usually 'U' rated and sometimes 'PG'  
so suitable for the whole family to enjoy

**Children of all ages welcome**  
- but must be accompanied by an adult  
Tea/Coffee - Sweets - Popcorn - Soft Drinks  
available to buy





We have enjoyed meeting as a group for the first three months of the year with attendance just under 20 mostly. Our next breakfast together will be on **Saturday 18<sup>th</sup> May at 9.00 am**. All men will be welcome, and as usual I will send reminders to all on the mailing list. Do consider joining us if you have not been before, or invite friends too, as we have capacity for more at the Woodborough Inn. A full breakfast is now £10.50, but there are still other options for less.

A choice of breakfasts will be available, but *these do need to be pre-booked*.

- Cooked breakfast: 1 x sausage, 1 x bacon, 1 x fried egg, hash brown, mushrooms, grilled tomato, baked beans, black pudding, toast and butter with tea/coffee/fruit juice - £10.50
- Vegetarian Cooked Breakfast including tea/coffee/fruit juice - £9.50
- Bacon Bap including tea/coffee/fruit juice - £7.50
- 2 rounds of toast with butter, jam, marmalade including tea/coffee/fruit juice - £5.00

There will be no speaker on this occasion, but do also save the date, **Saturday 15<sup>th</sup> June**, for our next open meeting when we will have a speaker, artist Ralph Mann, presenting an illustrated talk.

To book your place for this month's breakfast contact Tim Harland on 01934 843248.



## **Sandford & District Gardening Club**

### **Spring Show**

Our Spring Show was a great success with over 150 exhibits. There were some beautiful hyacinths, daffodils, tulips and hellebores. The floral art was to a high standard as usual and the pot plants were amazing. Many thanks to all who donated cakes and the helpers in the kitchen.

The winners were as follows:

The Hyacinth Trophy – Pat Jones

The Daffodil Trophy – Pauline Hurst

The Mini Daffodil Trophy – John Dunster

The Container of Spring Flowers Trophy – Marjorie Dunster

The Spring Plant Cup and The Pot Plant Trophy – Chris Byles

The Keedwell Trophy (the bulbs supplied by the club) – Glenys A'Court

The Best in Show was won by Chris Byles for her beautiful orchid

### **April Meeting**

At our April Meeting we had a very knowledgeable speaker Dr George Hargreaves who gave a talk and slideshow on Magnolias. We were told how the plant hunters travelled all over the world to find the different species from Japan, China, North America and Asia. Magnolias have been around 600 years ago and at one time they were pollinated by beetles. They can be found in a variety of colours from white, pink and magenta to yellow. The soil they prefer is slightly acidic through to normal.

Stephen thanked Dr Hargreaves for his talk. He also thanked the members who did the raffle and the helpers in the kitchen.

### **Dates for Your Diary**

#### **Friday 21<sup>st</sup> June 2024**

Outing to Bennett's Water Gardens and Abbotsbury Garden

Spaces available

Please ring John Dunster on 01934 844777

#### **Saturday 11<sup>th</sup> May 2024**

May Plant Sale in Sandford Village Hall

Lots of plants at very reasonable prices

Doors open at 10.30 am





## MAY 2024 – DIARY

WED 1	7.15pm	Choir Practice – St James’s
	7.30pm	Sandford & District Gardening Club – Sandford Village Hall
THUR 2	9.30am	Scramblers – Lynch Chapel
	10.00am	Communion in the Community – Dunster Court
	7.30pm	Bell Ringing – St James’s
FRI 3	2.00pm	Friday Film Club – Church Centre
SAT 4	10.30am	Community Café – All Saints, Sandford
	2.30pm	Come for a Cuppa – Lynch Chapel
<b>SUN 5</b>	<b>EASTER 6</b>	
	<b>See opposite page for details of Services</b>	
TUES 7	9.30am	Churchill Baby & Toddler Group – Churchill Methodist Church
	10.00am	Midweek Communion – All Saints Church Room
	10.30am	Coffee Morning – Church Centre
WED 8	2.00pm	Knit and Natter – Lynch Chapel
	7.15pm	Choir Practice – St James’s
THUR 9	9.30am	Scramblers – Lynch Chapel
	7.30pm	Bell Ringing – St James’s
SAT 11	10.30-11.30	Sandford and District Garden Club – Plant Sale
	7.30pm	Trinity Singers 25 <sup>th</sup> Anniversary Concert – All Saints, Weston
<b>SUN 12</b>	<b>EASTER 7</b>	
	<b>See opposite page for details of Services</b>	
MON 13	9.30am	Churchill Baby & Toddler Group – Churchill Methodist Church
TUES 14	10.00am	Midweek Communion – All Saints Church Room
	10.30am	Coffee Morning – Church Centre
WED 15	2.45pm	Communion in the Community – Sewell House
	7.15pm	Choir Practice – St James’s Church
THURS 16	9.30am	Scramblers – Church Centre
SAT 18	9.30am	Refreshmen+ - Woodborough Inn
	2.45pm	Family Film Club – Lynch Chapel
	8.00pm	Vintage Cheddar Rock Band Concert – Church Centre
<b>SUN 19</b>	<b>PENTECOST</b>	
	<b>See opposite page for details of Services</b>	
MON 20	9.30am	Churchill Baby & Toddler Group – Churchill Methodist Church
TUES 21	10.00am	Midweek Communion – All Saints Church Room
	10.30am	Coffee Morning – Church Centre
WED 22	2.00pm	Knit and Natter – Lynch Chapel
	7.15pm	Choir Practice – St James’s
THUR 23	9.30am	Scramblers – Church Centre
	11.00am	Communion in the Community – Winscombe Hall
	7.30pm	Bell Ringing – St James’s
SAT 25	10.00am	RNLI Garden Plant & Jumble Sale – Community Centre
<b>SUN 26</b>	<b>TRINITY SUNDAY</b>	
	<b>See opposite page for details of Services</b>	
TUES 28	10.00am	Midweek Communion – All Saints Church Room
	10.30am	Coffee Morning – Church Centre
WED 29	7.15pm	Choir Practice – St James’s
THURS 30	7.30pm	Bell Ringing – St James’s

## Church Service Times

### Opportunities to Worship in May

<b>Sunday 5<sup>th</sup> May</b>	8.00 am	St James	BCP Holy Communion
	10.00 am	Church Centre	Charity Café Church
	11.00 am	Sandford Station	Holy Communion
<b>Sunday 12<sup>th</sup> May</b>	9.30 am	St James's	Holy Communion
	11.00 am	All Saints	Parish Praise
	11.00 am	St John's	Holy Communion
<b>Sunday 19<sup>th</sup> May</b>	10.00 am	Church Centre	Family Holy Communion
<b>Sunday 26<sup>th</sup> May</b>	9.30 am	St James's	Holy Communion
	11.00 am	All Saints	Holy Communion
	11.00 am	St John's	Parish Praise

### Midweek Services

Every Tuesday                      All Saints                      10.00 am                      Holy Communion

### Special Services in May

Thursday 2 <sup>nd</sup> May	Dunster Court	10.00 am	Communion in the Community
Wednesday 15 <sup>th</sup> May	Sewell House	2.45 pm	Communion in the Community
Thursday 23 <sup>rd</sup> May	Winscombe Hall	10.30 am	Communion in the Community

### ***We Congratulate***

*Our love and congratulations are extended to **Paul Gill** and **Jacqueline Ann Keir-Bucknall** who were married at St James's Church, Winscombe on Saturday 20<sup>th</sup> April 2024.*

### ***We Welcome***

**Willow India Marie Reid** to our Church family. She was Christened at St James's Church, Winscombe on Sunday 28<sup>th</sup> April 2024.

### ***We Remember***

Our love and sympathy go to the family and friends of **Maureen Patricia Faragher** whose funeral took place at St James's Church on Wednesday 24<sup>th</sup> April.

### **Safeguarding**

Our churches are committed to promoting a safe environment and culture. The safeguarding of children, young people and vulnerable adults is a priority. Further information about our Safeguarding Policies and Procedures can be found on our website <https://winsandchurches.org.uk/safeguarding/>. Details of how to contact one of our Parish Safeguarding Officers can be found on page 2 of this magazine.

## Time Out for Parent Workshops



**Starting Friday 7<sup>th</sup> June** 12.45-14.45 pm, 'Time Out for Parents – The Early Years' is a set of six workshops for parents and carers of children 0-5 years, covering bonding, why play is vital, positive parenting, boundaries and behaviour. Each informal session builds parent confidence and introduces a toolkit. The resources are published by national charity 'Care for the Family', which aims to support all aspects of family life.

The series of workshops is led by an experienced team (DBS checked), including a licensed facilitator. **FREE** sessions at Churchill Methodist (BS25 5NG) include a creche with refreshments and handbook. All sessions will start and end promptly to assist parents collecting children from school or nursery. For further information and bookings, please call **Jacqueline 01934 844134**.

The poster features a white background with colorful handprints in blue, yellow, orange, and pink. At the top left, it says 'Churchill Methodist Church positiveparenting'. To the right is the 'Care for the Family' logo and the tagline 'Because family life matters'. The main title 'TIME OUT FOR PARENTS' is in large, bold, black letters, with 'Early Years Workshops' below it. A Facebook icon is next to the text '6 sessions for anyone parenting a child under 5y'. The dates 'Fridays 12.45-14.45' and '7, 14, 21 & 28 June 5 & 12 July' are listed. The location is '@Churchill Methodist BS25 5NG (by Clock Tower)'. A yellow box contains the contact info: 'INFO: Jacqueline 01934 844134' and the website 'churchillmethodistchurch.org.uk'. A cartoon boy with paint on his face and clothes is at the bottom left. A list of benefits with heart icons is on the right: 'Friendly & informal', 'Boost bonding & love languages', 'Tips & tools to make life even better', 'Strengthen family relationships', 'Creche available for under 5s', 'Experienced leaders with DBS', and 'FREE of charge, inc. handbook.'

Churchill Methodist Church  
positiveparenting

Care for the Family  
Because family life matters

**TIME OUT  
FOR PARENTS**  
*Early Years Workshops*

6 sessions for anyone parenting a child under 5y

**Fridays 12.45-14.45**  
**7, 14, 21 & 28 June**  
**5 & 12 July**

@Churchill Methodist BS25 5NG (by Clock Tower)

**INFO: Jacqueline**  
**01934 844134**  
churchillmethodistchurch.org.uk

- ♥ Friendly & informal
- ♥ Boost bonding & love languages
- ♥ Tips & tools to make life even better
- ♥ Strengthen family relationships
- ♥ Creche available for under 5s
- ♥ Experienced leaders with DBS
- ♥ FREE of charge, inc. handbook.



**D-DAY 80 WINSCOMBE**

**NOSTALGIA NIGHT**

**SATURDAY 8TH JUNE 7.00PM**

**AT THE CHURCH CENTRE WINSCOMBE**

Join us for an evening of:

**Live 1940s Music**

**Singing & Dancing**

**Quizzes & Games**

**Rations (Light Supper)**

**.... And more!**

**Dress up on a 1940s theme**

**(if you wish)**



**TICKETS £10**

**to include your Rations**

**Available from the**

**Church Office & Post Office**

**BRING YOUR OWN DRINKS**





# RNLI WINSCOMBE & DISTRICT BRANCH



## RESULTS UPDATE

April was a quiet month with no special fundraising events but Tina's eBay and auction sales have continued; items on sale are displayed on the RNLI noticeboard at Brown's Corner, Winscombe, while Chris's table continues at every Winscombe Thursday market. Meanwhile in Axbridge, Mike's table outside April Cottage, Jubilee Road is selling early garden plants for RNLI Winscombe including broad beans and peas.

## COLLECTION AT TESCO CLEVEDON



On Saturday 13<sup>th</sup> April, the Branch launched to Tesco Clevedon at 08:30 and 8 of our crew were on station from 09:00 to 17:00 rescuing funds from the Saturday shoppers. The young man photographed with his father is Edward Somerton who saved £36.95 in 5p coins for the RNLI. Edward had counted and sorted the coins into £5 bags. The RNLI crew were also given a donation of £275 from a local couple. This was our first 'shout' at this location; full results will be reported in a future edition.

## APRIL EVENTS IN AID OF RNLI WINSCOMBE & DISTRICT BRANCH RNLI BICENTENNIAL YEAR

Tina Blunsden of Tina's Cakes organised a car boot sale outside Winscombe Community Centre for the RNLI Winscombe Branch in conjunction with their monthly Saturday market on 20<sup>th</sup> April. All stall fees went to the RNLI and results will be reported in a future edition.

Mendip Inner Wheel presented a concert of popular music by the Cameo Orchestra Bristol on Saturday 27<sup>th</sup> April in St Andrew's Church, Cheddar in aid of the RNLI & Cheddar Village Hall. The concert included local soloists Jenny Jefferies, Alan Philps and Hannah Biddlecombe. This was a good concert of popular light orchestral and show music with great solo contributions; financial results will be reported in a future edition.

## MAY EVENT SUPPORTING RNLI WINSCOMBE & DISTRICT BRANCH BICENTENNIAL YEAR



Winscombe Folk Club is staging a rock concert by:

### ***Vintage Cheddar***

Saturday 18<sup>th</sup> May at 8 pm (doors open 7:30 pm)

Church Centre, 52 Woodborough Road, Winscombe, BS25 1BA

See poster  
on page 14

The 'Vintage Cheddar' Rock Band will perform songs from Chuck Berry, Soul, The Beatles, ABBA, Jerry Lee Lewis, Roy Orbison & many, many more! Tickets are priced at £8 + 38p fee per ticket online from [Universe.com/winscombe](http://Universe.com/winscombe) or text 07551 197685. There will be a bar available run by the RNLI with all proceeds to the RNLI Winscombe & District Branch. This promises to be a roaring evening of pedigree 'rock' from the 1960s onwards. Yep a leap into the unknown but all in aid of the RNLI which is celebrating 200 years of saving lives.



## **ANNUAL PLANT & GARDEN ITEMS SALE**

RNLI Winscombe & District Branch will hold its RNLI Bicentennial Plant & Garden Equipment Sale on **Saturday 25<sup>th</sup> May** starting at **10:00 am** at the Winscombe Community Centre, Sandford Road, Winscombe, BS25 1HP. Stalls will include a full range of greenhouse plants, runner and French beans, courgettes, bedding plants and garden fillers, acers and shrubs, garden jumble including patio items and tubs, garden and domestic tools and guest stalls plus a few new ideas all at *'give-away'* prices. Beverages and hot dogs available. For more details contact either Allan Cooper by email [allan.coop@tiscali.co.uk](mailto:allan.coop@tiscali.co.uk) or call 01934 842954 or Tina Joyce by email [meejlfh@gmail.com](mailto:meejlfh@gmail.com) or call 01934 842304.

## **MARCH SHOUTS**

In March there were 11 *'shouts'* between our four Lifeboat Stations (Burnham-on-Sea 1, Minehead – 1, Portishead – 5, W-s-M - 4).

On the evening of Monday 16<sup>th</sup> March, Milford Haven Coastguard tasked Weston-super-Mare lifeboat to launch to reports of a fisherman in the water near Birnbeck pier. On approaching the site an update was received that the casualty was clinging to rocks just above the water. Weston-super-Mare Coastguard Rescue Team was able to use torches to highlight the exact location of the casualty and two boat crew were put ashore, where they were able to get to the casualty and move him to the lifeboat. At this point the male lost consciousness and was given emergency first aid in the boat as it returned to the slipway at speed.

Due to a high-water tide, the helm was able to bring the boat to the top of the slipway where the casualty was attended to by the RNLI doctor before the ambulance and paramedics arrived and took over. The casualty regained consciousness and was transferred to hospital, from where he has since made a full recovery; this was a successful rescue involving multi agencies and some great teamwork.

## **RNLI LIFEBOAT CREWS AND LIFEGUARDS SAVED 355 LIVES IN 2023**

On Monday 8<sup>th</sup> April, the RNLI released its operational figures for 2023, revealing that the charity's lifeboat crews and lifeguards saved a total of 355 lives last year – almost one life saved for every day of the year.

The data, captured between January and December 2023, highlights the continuing demand for the services of RNLI volunteer lifeboat crews, with 9,192 lifeboat launches over the course of the year. RNLI volunteer crew members saved the lives of 269 people over the course of 2023, while the RNLI beach lifeguards saved 86 lives.





If you love singing ...  
we'd love you to join us.



## Winscombe Community Singers

Have fun, make friends and enjoy singing.

Tuesday evenings 7.30pm - 9.00pm  
Winscombe Community Centre

Musical Director: Joshua Newport

For further details please contact  
Simon Page on 07900 693783

[www.winscombecommunitysingers.co.uk](http://www.winscombecommunitysingers.co.uk)

### Shipham, Rowberrow & Star History Society Talks

*Dates for your diary ...*

#### Tuesday 14<sup>th</sup> May

Gina Merrett-Smith will be telling us about the *Intrepid Marriane North*, a lady of some renown!

#### Tuesday 11<sup>th</sup> June

The final talk for the current season is by Teresa Hall who will share a presentation on *Winscombe Settlements*.

Meetings take place at Shipham Village Hall, BS25 1SG

Start: 7.30 pm with refreshments

Cost: members £2, guests £4

Further details contact: Jan Taylor 01934 260784



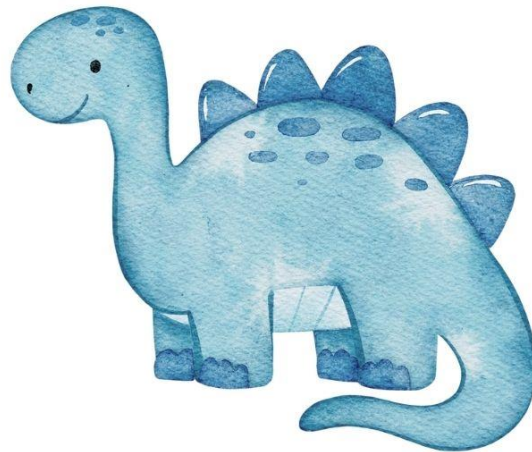
**Try us for FREE!**



# Churchill Baby & Toddler Group

## Mondays 13 & 20 May

9-11.30am @Churchill Methodist  
BS25 5NG



- Friendly group, lots of toys;
- Bright hall, yummy snacks for tots;
- Cuppa & cake for adults;
- Craft and songtime;
- Easy parking



**INFO: Jacqueline  
01934 844134**



Churchill Methodist Church  
[churchillmethodist.org.uk](http://churchillmethodist.org.uk)







## Wrington Vale Rotary Club

### Rotary Youth Competitions

Three talented young musicians recently took part in **Wrington Vale Rotary's** unique competition for primary schools. Pianist Max played pieces by Martin Miller and Anton Diabelli, followed by his own composition. Violinist Anna chose Rajasekar, Carse and Anderson, while guitarist Morgan's music was from Calatayud and Albeniz. What stars they were with their instrumental proficiency and their pleasure at presenting such enjoyable music.



The adjudicator, Alison Cooper-White, chose Anna as the winner, but these three very talented musicians were all winners; Alison had an impossible task to do!



Two weeks later the Junior Young Chef competition brought equal joy to those who took part and also to the tasters, who experienced such a variety of delicious dishes.

If you would like to chat about Rotary in this area call  
Angie Biggs on 07790 400718

Registered Charity No 120250

**Trinity Singers** 

*25 years of making music in North Somerset* **25<sup>th</sup>**

**Musical Director - Andrew Tyrrell**

**Laudate Dominum - Alleluia!**

French and Czech sacred music from the C19th including:  
*Panis Angelicus (Franck),  
 Tu Trinitatis Unitas (Dvořák),  
 Messe de Requiem Op 54 (Saint-Saëns)*

**Saturday 11th May 2024 at 19.30**

Organ - David Bednall  
 Harp - Julia Hammersley  
 Strings - Lochrian Ensemble

**Tickets: £15 (accompanied U18 £5)**  
[www.trinitysingers.co.uk](http://www.trinitysingers.co.uk)

All Saints Church  
 All Saints Road  
 Weston-super-Mare  
 BS23 2NL

Scan for tickets 



WELCOME

# Thursday Lunches

2, 9, 16, 23 & 30 May

12.30pm @Churchill Methodist

BS25 5NG



£5

Menu

Bowl of Soup with roll  
Hot Pudding or Cold Dessert  
Tea or Coffee



Easy parking  
Easy access ramp  
For booking & transport:  
01934 852197 Janet

Churchill Methodist Church

[churchillmethodistchurch.org.uk](http://churchillmethodistchurch.org.uk)



## Magician or Miracle Maker?

### Who is Jesus and why does he matter?

Tens, hundreds and sometimes thousands of people flocked to see and hear Jesus. Sometimes they dropped everything when Jesus came into town, but sometimes they walked miles to find him. What was it about the man that was so charismatic – was it his topsy-turvy message that almighty God loves each single person unconditionally? Perhaps it was his jaw-dropping power to heal people's body, mind and spirit?

If you are curious and interested, come and explore these questions in a small informal group, using a video starter. There is no pressure to share, you can just watch, listen and ponder if you wish. Christianity Explored is a relaxed and informal way of sharing the best news you can ever hear; it gives people space and time to think about the big questions of life. All materials plus bottomless tea, coffee and biscuits will be provided. Just come along any evening, you will be most welcome, or contact **Ken 01934 852686** for more information.





# Come to Scramblers

A friendly,  
church toddler group for children  
from birth to 4 years  
and their parents/carers

Toys

Drinks &  
Snacks

Stories  
Both Bible &  
traditional

Singing

Craft Activities

Games

Thursdays 9.30am - 11.30am  
(term time only)

May 2<sup>nd</sup> & 9<sup>th</sup> at Lynch Chapel, The Lynch, Winscombe

May 16<sup>th</sup> & 23<sup>rd</sup> at The Church Centre, Winscombe

June 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup> & 27<sup>th</sup> at The Church Centre,  
Winscombe

Contact Enid on 01934 842534 for more information



## Gardening Notes for May

### Deadheading Tulips

Some varieties of tulips will flower year on year, while some are less reliable, however, to make sure that you give them every chance of providing a good display for next year remove all the faded flowers, so preventing the heads taking the plant's energy, leave the foliage to die down naturally.



### Feeding Plants

Plants in containers will require a weekly feed using a low nitrogen liquid fertiliser, allocate the same day each week, which we call feeding day.

### Basil and Parsley

Now is the time to grow basil and parsley from seed. Fill pots or trays with multi-purpose compost and flatten the surface, sprinkle the seed over the compost and cover with a fine layer of compost. Place the pots in a tray of water until the compost is wet on the surface and place in the warmth. When the seedlings are large enough to handle, plant them on into small pots and eventually transfer them into a larger container.

### Plant Supports

The secret of supporting plants is to do it before they need rescuing as they will never really recover, so it is important to do it now before the plants become too tall. By doing it early the plants will grow up through the supports which will become hidden. Various metal supports are available as well as using hazel twigs or canes for individual plants such as lilies or delphiniums. It is most important to support plants like peonies, although the flower stems are not all that tall their blooms are very heavy and the stems tend to drop to the ground particularly when it rains.

### Pot up Tomatoes



Use large deep pots or buckets with drainage holes, fill with potting compost and mix in some granular fertiliser as tomatoes are hungry plants. Soak the plants well and plant up to the bottom set of leaves, the extra length of stem buried under the surface will produce more roots, insert a cane for support.

### Hanging Baskets

Choose a hanging basket at least 35cm in diameter and plant up using good quality compost with added slow-release fertiliser and moisture retaining gel. Be generous with the planting and if you are using trailing plants there is no need to plant up the sides of the basket as these will soon be covered. After planting leave the compost slightly lower towards the centre to form a shallow dip, water well and place in the greenhouse or conservatory until the plants have knitted together and the threat of frost has passed.







# What's going on every week at St James's Church Centre?

52 Woodborough Road, Winscombe

Thinking of setting up a class or club but not sure what you need from the Church Centre? Happy to discuss ~ give Sue a call



## BADMINTON

Monday morning  
Wednesday evening

## CHAIR YOGA EXERCISE

Thursday afternoon



## CHI BALANCE

Friday morning

## COFFEE MORNING

Tuesday morning

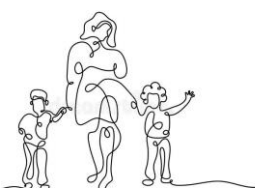


## PILATES

Wednesday morning  
Thursday evening

## SCRAMBLERS Parent & Toddler

Thursday morning



### Need a venue for a class, event or party?

Private hire from £9.50 per hour

Commercial hire from £15.00 per hour

Seating for 120 / Fully Accessible / Kitchen Facilities

### FOR FURTHER DETAILS:

Email: [admin@winsandchurches.org.uk](mailto:admin@winsandchurches.org.uk) or Call: 01934 844650



**Winscombe District U3A**

**Monday 20<sup>th</sup> May starting at 2.30 pm**

*(refreshments from 2 pm)*

Winscombe Community Centre, BS25 1HP

AGM & Talk by Laura Hilton

**Tales of Derring Do: Clifton Suspension Bridge and the**

**Daredevil Feats Performed Around It**

*Visitors very welcome*

*Sing 2 breathe*

A Singing for Lung Health Group

Led by Kate Lynch

A sociable group activity  
where techniques for breathing control and better posture  
are taught through singing

**Cheddar Catholic Community Hall**  
Wednesdays  
11.15 - 12.30 \*new group  
1.45 - 3 pm

Contact Kate Lynch : [vochalate@gmail.com](mailto:vochalate@gmail.com)  
07535 715881

to register your interest

Supported by  
CHEDDAR COMMUNITY PARTNERSHIP

Supported by  
Wendover and Asbridge Community Health Fund

ASTHMA LUNG UK

Churchill **Methodist** Church

# CREATE! Sunday

Sun 19 May 4-6pm

**Dive into Nature**

**@Fenswood Farm**

BS40 5DZ

- Fun for families and all ages
- Games and Activities
- Meet smallest breed of pigs
- Bug hunt & sit on tractor
- Bring & share picnic tea
- All ages welcome

INFO: Jacqueline  
01934 844134

[churchillmethodist.org.uk](http://churchillmethodist.org.uk)





### **Churchill and Langford Ladies Lunch Club**

We meet on the first Tuesday of each month  
at The Churchill Inn, Churchill at 12.30 pm for 1.00 pm

£17 per head for a 2 course lunch with coffee.

**Pre-booking is essential.**

Contact Margaret Avery on 07725 056051 for further details.

*Please note that the lunch is limited to residents of the two villages or those that have moved away  
but wish to stay in contact with friends*

## Pastoral Care Team



Do you know someone who is feeling lonely, isolated or in need for any reason?

Our Pastoral Care Team is on hand to offer support.

If you would like any further information, please contact  
Reverend Pauline Nixon  
07511 935860 [revpolly@gmail.com](mailto:revpolly@gmail.com)



## Community Transport in Winscombe, Sandford and Churchill

We are fortunate to have a number of community transport schemes operating in our villages.



### The Churchill and Langford Minibus Society

The Churchill and Langford Minibus Society runs two minibuses and operates a schedule of trips every month to shops in Wells, Nailsea, Clevedon, Worle and Weston. In addition, it also provides transport for members to their healthcare appointments and subject to availability runs non-scheduled trips for its members.

In the past these have included Churchill Music, Theatres, Cinema, pub lunches, trips to the coast and social events etc.

To see the current schedule of trips please visit

[https://www.churchillpc.org.uk/Minibus\\_Society\\_36635.aspx](https://www.churchillpc.org.uk/Minibus_Society_36635.aspx)

The schedule is also advertised on various noticeboards around the villages.

To become a Society member of the Community transport scheme please contact one of the organisers listed on the schedule of trips who will explain about the trips and how to enrol as a member.

\*\*\*\*\*

### Sandford Helpline



If you are a resident of Sandford and require help with transport to medical appointments, please contact any of the following numbers:

01934 820300

01934 852426

01934 822174

01934 822030

Please do not leave messages but keep trying until you get an answer.

\*\*\*\*\*

### Churchill Volunteer Driver Scheme

This is a self-help scheme to assist those without transport to get to the optician, dentist, medical appointments or hospital visits.

Contact Kate on 01934 853081 or Trevor on 01934 852589

\*\*\*\*\*

### Winscombe Contact Scheme

Transport available for medical and other health related appointments for all residents of Winscombe.



To make arrangements please contact the transport co-ordinator on 07888 812398.

## Thinking about placing an advert in Signpost?

Are you a trader who wants to reach out to local residents? Why not advertise your services here? Every month the Signpost magazine is distributed and read (paper copy and online), by the many residents of Winscombe, Sandford, Churchill and beyond.



Full page advert	£252 per year
1/2 page advert	£126 per year
1/3 page advert	£84 per year
1/6 page advert	£42 per year
3-line advert	£12 per year
One-off commercial event £12	

To find out more, contact the Signpost Editor

Email: [parishmag2@gmail.com](mailto:parishmag2@gmail.com) Call: 01934 844650

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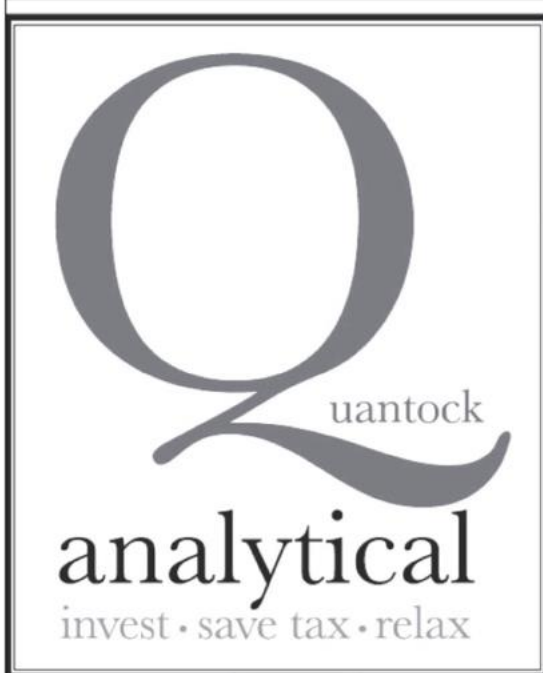
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