Putting the Love of Christ in the Heart of our Community



Signpost

Winscombe, Sandford and Churchill Parish Magazine



August 2023

Free

Who's Who in Winscombe, Sandford and Churchill Churches

Vicar St James the Great, Winscombe All Saints, Sandford St John the Baptist, Churchill	Reverend Andrew Hiscox The Vicarage, 11 Holstein Avenue, Winscombe, BS25 1EJ rev.andrew.hiscox@hotmail.com	07970 011502
Assistant Curate	Reverend Jacqui Keir-Bucknall rev.jacqui.kb@gmail.com	07990 766647
Benefice Administrator Church Office	Sue Smyth 52 Woodborough Road, Winscombe, BS25 1BA admin@winsandchurches.org.uk	01934 844650
PCC Secretary	Bill Wallace	01934 844650
Parish Safeguarding Officer	Jo Claridge safeguarding@winsandchurches.org.u	01934 843014 k
Churchwardens		
St James the Great, Winscombe	lan Hine winswarden2@outlook.com	01934843961
All Saints, Sandford	Diana Williams sandfordchurchwarden@gmail.com Douglas Ogram	01934 852449
	douglas@ogram.com	01934 820972
St John the Baptist, Churchill	Tricia Avery averyfarm@cpsmail.co.uk	01934 852360
Pastoral Care Co-ordinator	Reverend Pauline Nixon revpolly@gmail.com	07511 935860
Churchill Methodist		
Minister Pastor	Reverend Meg Slingo Ken Young	01934 852314 01934 852686
Lynch Chapel Pastor/Minister	The Lynch, Winscombe, BS25 1AR Vacancy	01934 844401
Sidcot Quakers Meeting House	Oakridge Lane, Sidcot, BS25 1LT	01934 843065
Roman Catholics	Our Lady Queen of Apostles, Cheddar	01458 83593

We hope you will enjoy this copy of 'Signpost'.

Future copies will be available by email or can be downloaded from the church website: www.winsandchurches.org.uk

If you would like to receive future copies in colour, electronically, please send your email address to parishmag2@gmail.com

A limited number of black and white printed copies are available from some local shops, each of our churches and the Church Centre (St James's Church Hall).

If you are unable to receive your copy by downloading it or by email please telephone the Church Office (01934 844650) and leave a message including your full name and address.

This magazine is one of the ways we are fulfilling our Vision



A Hymn for all Seasons



1747 George Frederic Handel wrote an oratorio, 'Joshua' which included the chorus, 'See the Conquering Hero Comes'. The oratorio was a box office flop but unwilling to waste a good number, Handel decided to incorporate it into his oratorio, 'Judas Maccabeus'. It provides the triumphal march of the great hero, Judas Maccabeus, into Jerusalem. (The story can be found in the 1st and 2nd Books of the

Maccabees in the Apocrypha). As Handel predicted the tune became very popular and soon other writers and composers were employing it in their own writings and compositions. Beethoven composed twelve variations based on Handel's tune!

It was in 1884 that Edmond Budry, a minister of the Swiss Evangelical Church, realised the tune's potential for a hymn to proclaim and celebrate the resurrection of Jesus Christ. His "A Toi la Gloire", was soon incorporated into French hymn books and later into the French YMCA hymnbook of 1904. However, it wasn't until 1923 that it was first heard in English when Richard Hoyle was commissioned by the World Student Christian Federation to translate Budry's hymn into our language. Since then, it has found its way into virtually every English hymn book.

It is not only Handel's magnificent music that raises our spirits. With only three verses the hymn encapsulates the wonder and the glory of the resurrection of Jesus Christ. Budry drew heavily on Paul's letter to the Corinthians as well as the Gospels. Clearly a 'must-have' hymn for Easter, 'Thine be the Glory' is often sung at Christmas and at other festivals as well as at both weddings and funerals.

It is just a century since this hymn was first heard in the English-speaking world. We should give thanks for Edmond Budry's amazing hymn and Richard Hoyle for giving us such a faithful translation.

Canon Shaun Darley

Signpost - The Parish Magazine

This magazine is created by volunteers from the Anglican Churches in the Benefices of Winscombe and Sandford with Churchill. It aims to serve and reach out to the local village communities and in doing so provide opportunities for the residents to become more aware of activities across all Christian denominations and within our villages.

Next Month's Magazine

The deadline for the September Magazine is Sunday 13th August. Please submit items as Word documents to parishmag2@gmail.com which should be no longer than 400 words. If you are including photographs please ensure that you have the permission of anyone appearing in the photograph for them to be published in this magazine. Please supply high resolution photographs as jpegs.

The Editorial Team reserve the right to amend or reformat submitted articles.

We are producing limited black and white printed copies of 'Signpost' and encourage as many people as possible to receive their full colour copy electronically.

If you would like to receive future editions of this magazine by email please send your email address to parishmag2@gmail.com

Our Website

www.winsandchurches.org.uk

Our website is the 'go to place' for information about our Churches and activities. It is regularly updated with the latest news and information.

- Home Page: latest news, monthly service plan
- Our Vision: find out about our plans for the future
- Church Life: our activities and groups
- Our Podcasts and Videos: a library of Church services to watch or listen to
- Parish Magazine: download the latest copy and find out how to contribute
- Hire A Venue: how to hire our Church Centre, Churches and meeting rooms

How To Find Our Churches - If you need directions to:-

- St James the Great Church, Church Lane, Winscombe, BS25 1DE
- All Saints Church, Hill Road, Sandford, BS25 5NY
- St John the Baptist Church, Church Lane, Churchill, BS25 5QW
- Church Centre, 52 Woodborough Road, Winscombe, BS25 1BA

Please use your Satnav with the postcodes, or visit the website www.achurchnearyou.com

SIGNPOST - DONATIONS WELCOME

It costs approximately £600 per annum to produce the magazine, based on current prices for materials and ink. Volunteers give their time freely to compile, print and distribute the magazine.

We are always grateful to those who choose to make a donation towards the on-going costs of the magazine and those that place, paid for, advertising in it.

Donations can be placed in an envelope marked 'Signpost Donation' and posted in the letterbox at the Church Centre in Winscombe.

If you wish to place an advert please contact the Editorial Team: parishmag2@gmail.com

Many thanks to all those who have already made a donation. Thank you.

The Ordination of, Jacqui, our Curate as Priest in Bath Abbey Saturday 24th June 2023

A good number of us from St James's, St John's and All Saints gathered in Bath Abbey to join the 1,200 people who were all there to be welcomed by our new Bishop Michael to a very special service.

We sang an opening hymn In the name of Jesus we gather, In the name of Christ we sing, celebrate new vows, new promise of a life's whole offering, here ordained to lead God's people at the Gospel's beckoning.

Then followed an uplifting service of Ordination in which our Curate, Jacqui, and four others, were ordained as Priests. The special prayer of Ordination ended by saying:

And now we give You thanks that you have called these your servants whom we ordain in Your name, to share as priests in the ministry of the gospel of Christ, the Apostle and High Priest of our faith and the Shepherd of our souls.

This wonderful first part of our service was followed by The Liturgy of the Sacrament and the Eucharistic Prayer preceding the whole congregation being offered Holy Communion.

At the end of this inspiring time of prayer and praise we sang a final hymn which ended:

Go forth and tell! O Christ of God, arise! Go in the strength which Christ your Lord supplies: Go 'til all nations his great name adore, and serve him, Lord and King forever more. And we all said, Amen!



On our return from Bath a delicious lunch had been prepared in the Church Centre where others, who couldn't come to the Abbey, joined us to celebrate with Jacqui, her family and friends.





Andrew presented gifts from our whole community to Jacqui - a flight voucher, a beautiful rose and a bottle of fizz!

A happy and memorable day was enjoyed by all.

The final, but most important, part of a memorable weekend for Jacqui

Following the Ordination Service on the Saturday in Bath Abbey and the lunch at the Church Centre we were privileged to be part of Jacqui's celebration of Holy Communion in our Churches on the Sunday.

The fulfilment of her journey of faith in answering God's call to the Priesthood was moving and joyful for us and her.

Our blessings and prayers are with her as she follows on in her future Ministry.

And from Jacqui herself

The day of my ordination as priest was a culmination of many years of preparation, discernment and study and a wonderful affirmation of who I feel God has called me to be. Standing before Bishop Michael and Bishop Ruth, I felt a profound sense of humility and awe receiving this sacred sacrament; it marks the beginning of a lifelong commitment to serve God in the places and among the people where he may lead.

It was a real joy to share the ceremony at Bath Abbey with those who have accompanied me on different stages of my journey, including family, friends, clergy colleagues and many from the churches of St James's, All Saints and St John's. Working alongside Reverend Andrew, I pray that this next chapter of my ministry will be a blessing to the communities of Winscombe and Sandford and Churchill and I welcome your prayers for wisdom ... and your forgiveness when I get things wrong!



What is 'Fresh Foundations'?

'Fresh Foundations' is the newly revealed name for our project to create a new Church Centre in Winscombe to serve the three churches of St. James's, St John's and All Saints and their communities.

Our Vision is to create a beautiful centre not only for worship but to fulfil our mission of 'Putting the love of Christ at the heart of our community' by continuing to provide spaces for lettings but also for community outreach activities providing some of the services that are currently missing from our villages.

Why 'Fresh Foundations'?

The colour green represents new life and growth, energy and sustainability. The word 'fresh' is about a vibrant, new project. 'Foundations' makes the link between our old building with its issues and a new building with fresh foundations. We are also laying the foundations for a new chapter in the life of our churches, the base of our strength and new confidence in building our future.

Over the past few months, we have held a number of consultation events with church members, local residents and other stakeholders, the latest of which took place on Sunday 9th July when the 'Fresh Foundations' project name was 'unveiled'.



The audience were invited to 'Just Imagine' an inspiring new building in a landscaped setting with a myriad of activities for all ages taking place within its walls.

Look out for more information about 'Fresh Foundations' in future editions.



The newly formed 'St James's Events Team has started to plan a number of events for the next year or so with the emphasis on 'fun' and 'fellowship' with each other.

All are welcome to join us for any of the events so do look out for further information in the coming months. As you can see there are already a few dates to add to your diary or calendar.

Proposed Programme 2023 - 2024		
October 23	20th: Autumn Supper with entertainment from The Fab Twins	
November 23	Wine Tasting Quiz Night	
December 23	5th: Christmas Shopping Evening Stall 6th: Wreath Making 9th: Badgerset Concert 16th: Carols by Lantern Light	
February 24	Curry Theme Night (quiz etc)	
April 24	Easter/ Spring Themed Family Event	
June 24	80th Anniversary of D Day 4th: D Day Coffee Morning 6th: Beacon Lighting Event 8th: WW2 Themed Talent Show	
July 24	25th: Patronal Festival Event	
Monthly	Film Afternoons	
Look out for further information about each event.		
We would like your ideas for future events.		
For more information contact Alison Haynes alisonparmj@aol.com 07776 235435		

🖤 ST JAMES'S EVENTS TEAM 🖉

Harvest Lunch

Sunday 10th September

12.30pm at the Church Centre

Sign up and get your free ticket from

Beth, Jo or Alison H

Donations welcome on the day

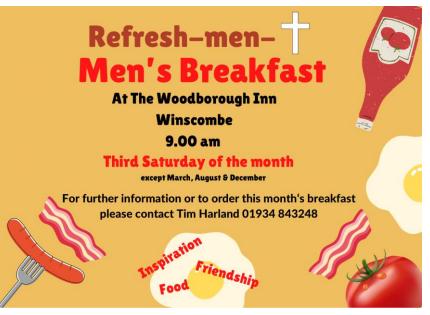
Please advise of any special dietary requirements in advance

For further information please contact the Church Office 01934 844650

Refresh-men-t Breakfast

Our most recent Refresh-men-t Breakfast at the Woodborough Inn took place on Saturday 15th July. This time we were joined by several ladies for breakfast with a speaker. Chris Greenwood told us about his visit, last year, to see the Oberammergau Passion Play.

The village of Oberammergau which today has a population of some 5,300 people is home to the Passion Play



which started in 1633 when a vow was made to perform the play every ten years if God spared them from the effects of the plague.

The play is normally performed in years ending with a zero, although the 2020 play was postponed until last year due to COVID-19.

The play involves over 2000 actors, singers, musicians and technicians, almost all residents of the village. It takes four years to produce and is staged from May to October. The very first play was staged on top of the graves of the plague victims in the churchyard but today the audience is seated in an auditorium facing the open-air stage.

The play, in German, is over 5 hours long and staged in two parts with a long break in between. Chris explained that the script changes from production to production depending on demands from the Church and other bodies for particular aspects of the story to be depicted or left out. Nowadays people from all faiths (or none) can take part although in the past it was restricted to Catholics only. As the play has attracted more visitors from cultures across the world the script has had to be more explicit about the characters and events portrayed.

Chris said that watching the play was a really powerful and totally absorbing experience. He and Yvonne couldn't speak afterwards such was the effect it had on them. Chris still gets goosebumps just talking about it!

For more information about the play (or to plan a visit in 2030) visit the website: https://www.passionsspiele-oberammergau.de

We do not have a breakfast in August but look forward to meeting again on **Saturday 16th September**. Details of this meeting will be in next month's edition of Signpost.

For further information contact Tim Harland on 01834 843248.





THE CHILDREN'S SOCIETY

PAUL AND MO'S OPEN GARDEN DAY WEDNESDAY 9th AUGUST: 10.00am to 5.00 pm 13 BELMONT ROAD, WINSCOMBE

For many years this fund-raising event in aid of The Children's Society has been a popular fixture in the Winscombe summer calendar and once again, on Wednesday 9th August, Paul and Mo's welcome is extended to all who would like coffee, lunch or a cream tea in their lovely garden in the company of old friends and new. Do come along – there will be Home Produce and Bric-a-Brac Stalls and a Raffle, and everyone is welcome!

Morning Coffee	10.00 am	£2.00
Lunch	12.00 noon	£10.00
Cream Tea	3.00 pm	£3.00

SEPTEMBER EVENTS

In September we are holding two events, our Collection for Children and our Annual Box Opening. We will be Collecting for Children outside Morrisons supermarket, Worle on Monday 4th and Thursday 7th September from 10.00am until 6.00pm. But, in order to make this a success and to raise as much money as possible we need help!

We are looking for teams of two to stand at the store for an hour and a half, encouraging passers-by to donate their spare cash. If you can spare some time for us, on either day, we would be so grateful.

The Children's Society relies on the dedication and generosity of people like you, who are prepared to give us the time to help raise funds for the thousands of children who need their support in so many ways. If you feel able to help then please call Sarah Gunn on 842373 or email <u>Sarahgunn2000@hotmail.com</u> and give your preferred day so that we can plan our collecting days with confidence.

The Annual Box Opening will be held alongside the weekly Church Centre Coffee Morning on Tuesday 26th September so do come along with your box and have a delicious cup of coffee and some fellowship as you wait for your box to be counted.

If you would like to find out more about the work of The Children's Society just visit <u>www.childrenssociety.org.uk</u>.

The Children's Society Committee of St. James the Great, Winscombe







in aid of

The Children's Society



at Paul and Mo's 13 Belmont Road Winscombe



Wednesday 9th August

10.00 am until 5.00 pm



Coffee and Cake - £2.00 Lunches from midday - f10 Cream Teas from 3.00 pm - £3.00



Cake Stall, Plants, Bric a Brac and Raffle

No booking required. Just come along and enjoy the day.

LYNCH CHAPEL LINK

Sheep or Goat?

I hope you are enjoying this beautiful summer?

We are so blessed in this country to receive a good amount of rain which keeps the sense of it being a green and pleasant land!

It is far more difficult to be a farmer in countries such as Israel where much of it is desert wasteland. David would have known what it was to seek green pasture for his flock of sheep and goats.

I learned recently that often, in ancient Israel, sheep and goats would be kept together as sheep needed the abundant grass whilst goats were fine with much drier terrain.

The parable which Jesus gave (recorded in Matthew's Gospel Chapter 25) about the sheep and goats is a constant challenge to me. It was hard to distinguish between the two types of animals, just as it is distinguishing between the person who has no interest in others and those who give their days to voluntary service.

However, Jesus reminds us that God knows the difference and will bless those who give themselves to His work, seeking out those who are hungry, thirsty, naked, or in prison.

What can you/we do this week to benefit those with nothing?



Reverend David Jewell



at Lynch Chapel, Winscombe 10 - 12 noon, every Wednesday during the school summer holidays: 26th July 2nd, 9th, 16th, 23rd and 30th August

Pop-in for ⇒ toys ⇒ games ⇒ Craft ⇒ stories



Time for the grown-ups to meet new people, CatCh-up with friends and Chat while the Children play



15.





All Saints Church Community Café



The July Cafe raised £327.31 including Gift Aid. Many thanks to all those who supported us.

> Our next Cafe will be on Saturday 5th August

at All Saints

We serve coffee, a variety of teas and soft drinks along with homemade Cakes, biscuits and soup.

We look forward to seeing you again.



17.

PAY AS YOU GO!

We are very, very fortunate (most would say we are blessed) here in Winscombe, Sandford and Churchill. Even though many are facing hard times both in our communities and further afield we enjoy an extraordinary life here.

At a training day a few years ago, I was urged to ask our communities to consider seeing a solicitor and making a Codicil to our Wills to remember our Churches.

A lasting legacy to support our Churches, which are Charities, would be a fitting end to our lives. If you haven't already made a Will, then please do so in order to avoid leaving problems with others when that time comes.

Please think about this carefully and make a positive decision to try and change the world for the better. Thank you.

Denys Cutmore Gift Aid Secretary, St James the Great Winscombe. HMRC Charities Reference X 63964 0





Supporting Your Local Foodbanks

Our churches support the **Cheddar Valley Foodbank** and the Foodbank based at the **For All Healthy Living Centre** in Bournville, Weston-Super-Mare.



With the rise in the cost of living the Foodbanks are in even more demand and your contributions are much appreciated. As the summer holidays approach this will put even more strain on family budgets so, please help if you can.

There are collection baskets for each village in each of the churches and at the Church Centre.

These are some of the items that can be donated and are always gratefully received.

- Soup packet and tinned
- Instant mashed potato
- Cereals
- Sauces tins and jars of pasta sauce
- Tinned cold meat corned beef, spam etc
- Long life fruit juices
- Desserts tinned fruit, rice pudding, sponge
- Pasta, rice, instant noodles
- Sugar
- Personal items soap, toothbrushes & paste
- Confectionery

- Tinned vegetables
- Tinned fish
- UHT milk
- Main meals in tins (no Fray Bentos pies please)
- Squash
- Paper goods toilet roll, kitchen roll etc.
- Custard tinned or instant
- Tea bags, coffee, hot chocolate
- Biscuits
- Men's and ladies' toiletries
- Snack bars and crisps

For the summer holidays donations of small packs of crisps and other snacks, cereal and chocolate bars, squash and sandwich fillings are needed.

Pastoral Care Team

We are looking for caring, compassionate people who would be willing to give a little of their time to help those in our communities who are lonely, isolated or in need.

This might mean a visit or just an occasional phone call.

Training will be given to anyone who is interested.





Do you know someone who is feeling lonely, isolated or in need for any reason?

Our Pastoral Care Team is on hand to offer support.

If you would like any further information, please <u>contact</u> Reverend Pauline Nixon 07511 935860 revpolly@gmail.com

August Quiz



Up, Up and Away!

The weekend of August 10th to 13th sees Europe's largest balloon event, the International Balloon Fiesta, taking place at Ashton Court in Bristol.

So, this month's quiz is on the theme of balloons.

- 1. What is the surname of the French brothers who made the first manned hot-air balloon flight in 1783?
- 2. Which British actor's autobiography is entitled The Moon's a Balloon?
- 3. Who was depicted by a balloon, flown over Parliament Square, London, on 13 July 2018, in protest to his visit to the UK and his policies?
- 4. Which local company's yellow and green balloon can often be seen flying over the local area?
- 5. The first rubber balloon was inflated with hydrogen and invented by which famous scientist?
- 6. In which film is Carl Fredricksen's house lifted up by over 10,000 balloons
- 7. What name is given to the surgical procedure in which very small balloons are inserted into blocked blood vessels near the heart?
- 8. Which leading manufacturer of hot air balloons is based in Bristol
- 9. How many red balloons feature in the title of Nina's 1984 Number 1 single?
- 10.Which much loved children's fictional character used a balloon to try and get some honey?

Answers can be found on page 38.



Folk .. Yes but all kinds of music and verse. Fourth Tuesday each month 7.30 to 10.30 £2 Upstairs Bar, Winscombe Club, 7 Sandford Road. A quiet and respectful acoustic space for performers and audience. Further information from Nigel Carson, 07551 197 685 or winscombefolkclub@gmail.com. Also on Facebook.

Messy Church



We come to the end of the second summer of Saturday Messy Church, which restarted after the pandemic in April 2022. This seems like a good time to look back on what has been achieved. We are thankful to our Lord Jesus Christ for a willing team of volunteer helpers, a bright and convenient hall

with resources and space to allow for games as well as variety of creative activities including painting and Lego. We have a projector and screen to present modern songs and images, with internet access for online resources. Using Open the Book Materials and props, we present dramatised Bible stories and a short meditative reflection. We've enjoyed creating the 4m width murals which we hope have been of interest to other hall users. We have welcomed 44 children from 17 families. We hope and pray that we can continue to offer fun activities and a welcome that families can enjoy together, bringing everyone involved closer to Jesus in our thoughts and actions.

We thought you might like to see a reminder of some of our murals.



Please join us in praying for plans for the next academic year.

Our next event will be activities on a stand at Winscombe Show on 9th Sept.







Dancing in the Paddock!

Jazz in the Paddock has now become an established tradition in the village. This year over a hundred came to the Church Paddock, on Saturday 1st July, with their picnics, chairs and blankets and settled down to listen to some of the greatest hits from the 1930s, 40s and 50s.



Ritchie and his 16-piece big band never fail to entertain, and it wasn't long before some were on their feet swinging their partners to everyone's delight. There were folk of all ages, the youngest being just a few months old! This was truly a family occasion. And it was great to see a very young brother and sister really entering into the spirit of the evening (some previous coaching?) showing us how to really let go.



After two final encores (the audience clearly wanted more) it was time to wind up the evening and leave the paddock to the breeze and the setting sun for another year knowing that we had not only had a great evening but had also contributed to the preservation of our beautiful and ancient church.

Next year will be our tenth! We look forward to welcoming everyone back. Do tell your friends. There is room for everyone!

Shaun Darley

Ruby Climbs Every Mountain!

Ruby Smith from Sandford has raised £725 (so far) for "Against Breast Cancer' by climbing Ben Nevis.

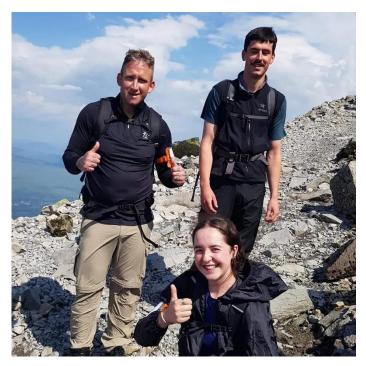
Her fundraising climb took place on on Saturday 8th July. Ben Nevis is the highest mountain in the UK, standing at 1345 m above sea level and was a significant challenge for Ruby and her supporters.

Intrepid Ruby, aged 19, has already climbed Snowdon, Scafell Pike and the highest mountain in Poland as well as peaks in the Pyrenees and the the Tatra mountains in previous years.

Ruby is off to university in September to study Anthropology but before that she will be going to Slovenia with Explorers, where she is a volunteer leader, to climb a mountain there later in the summer!

'Against Breast Cancer' relies entirely on the generosity of its fundraisers and donators. Donations go directly to the charity's research teams throughout several of the UK's leading academic institutions who carry out projects which address the three main areas of detection, prevention and therapies to help increase survival rate after diagnosis. The main focus of their research is into preventing secondary spread which is the main cause of breast cancer related deaths.

More details are on Ruby's 'Just Giving' page if you would like to support this charity. Google 'Just Giving' and search for Ruby Smith and you will find her Ben Nevis page.





Open Garden June - August By appointment only

Hosted by Ann

Sandew House 2 West Croft Lane Sandford Winscombe BS25 5AJ

Open Gardens is a community fundraising initiative. Supporters, staff and volunteers open up their gardens for the public to view to raise money to support the hospice.

Their garden is based on a biblical theme and Ann has written a guide to what can be seen. Copies will be available when you visit for a small charge.

To book your appointment please contact Ann 01934 820972. Join the party!



www.westonhospicecare.org.uk/event/open-gardens/



westonhospicecare.org.uk Registered Charity No. 900328

AUGUST 2023 - DIARY

TUES 1	10.00am 10.30am	Midweek Communion – All Saints Church Room Coffee Morning – Church Centre
WED 2	10-12noon 7.15pm	Children's Pop-In – Lynch Chapel Choir Practice – St James's Church
THURS 3	10.00am 7.30pm	Communion in the Community - Dunster Court Bell Ringing – St James's Church
SAT 5	10.30am	Community Café – All Saints, Sandford
SUN 6	TRINITY 9	
	See opposite	page for details of Services
TUES 8	10.00am	Midweek Communion – All Saints Church Room
	10.30am	Coffee Morning – Church Centre
WED 9	10-12noon	Children's Pop-In – Lynch Chapel
	2.00pm	Knit and Natter – Lynch Chapel
	7.15pm	Choir Practice – St James's
THURS 10	7.30pm	Bell Ringing – St James's
SAT 12	2.30pm	Sandford & District Gardening Club – Summer Show
		Sandford Village Hall
SUN 13	TRINITY 10	
	See opposite	page for details of Services
TUES 15	10.00am	Midweek Communion – All Saints Church Room
	10.30am	Coffee Morning – Church Centre
WED 16	10-12noon	Children's Pop-in – Lynch Chapel
	2.45pm	Communion in the Community – Sewell House
	7.15pm	Choir Practice – St James's
THUR 17	7.30pm	Bell Ringing – St James's
SAT 19	9.00am	Winscombe Saturday Market – Community Centre
SUN 20	TRINITY 11	
		page for details of Services
TUES 22	10.00am	Midweek Communion – All Saints Church Room
	10.30am	Coffee Morning – Church Centre
WED 23	10-12noon	Children's Pop-In – Lynch Chapel
	2.00pm	Knit and Natter – Lynch Chapel
	7.30pm	Choir Practice – St James's
THUR 24	10.30am	Communion in the Community – Winscombe Hall
	7.30pm	Bell Ringing – St James's
SUN 27	TRINITY 12	
		page for details of Services
TUES 29	10.00am	Midweek Communion – All Saints Church Room
	10.30am	Coffee Morning – Church Centre
WED 30	10-12noon	Children's Pop-In – Lynch Chapel
	7.15pm	Choir Practice – St James's Church
THUR 31	7.30pm	Bell Ringing – St James's

BIBLE READINGS FOR AUGUST

Sunday 6th AUGUST	Sunday 13 th AUGUST
-	-
Isaiah 28: 55: 1-5	1 Kings: 19: 9-18
Psalm 145: 15-end	Psalm 85: 8 -13
Romans 9: 1-5	Romans 9: 1 -5
Matthew 14: 13-21	Matthew 14: 22-33
Sunday 20 th AUGUST	Sunday 27 th AUGUST
Isaiah 56: 1 <i>,</i> 6-8	Isaiah 51: 1-6
Psalm 67	Psalm 138
Romans 11: 1-2, 29-32	Romans 12: 1-8
Matthew: 15: 21-28	Matthew 16: 13-20

Church Service Times Opportunities to Worship in August

Sunday 6 th August	8.00 am 10.00 am	St John's Church Centre	BCP Holy Communion Café Church
Sunday 13 th August	9.30 am	St James's	Matins
	11.00 am	All Saints	Holy Communion
	11.00 am	St John's	Parish Praise
Sunday 20 th August	10.00 am	Church Centre	Family Holy Communion
	11.00 am	All Saints	Holy Communion
Sunday 27 th August	9.30 am	St James's	Holy Communion
	11.00 am	All Saints	Parish Praise
	11.00 am	St John's	Holy Communion
Midweek Services			
Every Tuesday	All Saints	10.00 am	Holy Communion
Special Services August			
Thursday 3 rd August	Dunster Court	10.00 am	Communion in the Community
Sunday 6 th August	Sandford Station	11.00 am	Communion in the Community
Wednesday 16 th August	Sewell House	2.45 pm	Communion in the Community

Safeguarding

Our churches are committed to promoting a safe environment and culture. The safeguarding of children, young people and vulnerable adults is a priority. Further information about our Safeguarding Policies and Procedures can be found on our website <u>https://winsandchurches.org.uk/safeguarding/</u>. Details of how to contact our Parish Safeguarding Officer can be found on page 2 of this magazine.

Welcome Packs

Did you know that our Churches have a Welcome Pack available for each new person or family that moves into one of our villages? The packs contain useful information about the Churches, our services and other activities as well as leaflets about other local services such as Community Transport. A copy of the latest magazine is also included and a little welcome gift from us.

So, if someone new has moved in near you please collect a pack from the entrance to the Church Centre or ask your Churchwarden for one.



A Famous Birthday in August



Mother Teresa is known for her missionary work in helping the poor and considered by many to be the greatest humanitarian of the 20th century. She was born on August 26th 1910, in present-day Skopje, Republic of Macedonia, and named Agnes. Her family were staunch Catholics who were actively involved in their local church. It was growing up in Skopje that Agnes became interested in community work admiring her mother's kindness to the poor. She told her daughter never to eat alone and always to share the little she had with others.

Aged 12, Agnes had an epiphany whilst on a pilgrimage to the Church of the Black Madonna in Letnice. In 1928, she embarked on her journey to become a nun, joining a convent in Dublin, Ireland and taking up the name Teresa in honour of St. Therese of Lisieux. She never saw her family again.

Sister Teresa began teaching at St. Mary's High School in Calcutta and remained there for 15 years. She enjoyed the work but was distressed by the poverty she saw all around her.

In 1946 she heard Christ ask her to take on a new role in the slums of the city, helping the poor and sick. After two years she was finally allowed to leave her convent and took nursing training to equip herself with basic skills. Sister Teresa set aside her nun's habit, adopting instead the simple trademark blue and white sari and moved to a small, rented hovel in the slums to begin her work. The first year in the slums was particularly hard. She had no income or way to obtain food and supplies other than begging, and she was often tempted to return to convent life. She relied on her her determination and faith to see her through.

One of her first projects was to teach the children of the poor, drawing on her experience with teaching the children of the rich. She didn't have any equipment or supplies, but she taught them to read and write by writing in the dirt with sticks. In addition to promoting literacy, Teresa taught the children basic hygiene. She visited their families, enquiring about their needs and helping provide for them when she could.

Word began to spread about Mother Teresa's good works, and soon she had other volunteers wanting to help. By 1950 she was able to start the Mission of Charity, a congregation dedicated to caring for 'the hungry, the naked, the homeless, the crippled, the blind, the lepers, all those people who feel unwanted, unloved, uncared for throughout society, people that have become a burden to the society and are shunned by everyone.'The mission grew into a worldwide organisation.

Mother Teresa was honoured with many awards throughout her life, most famously, the Nobel Peace Prize in 1979 for work undertaken in the struggle to overcome poverty, which also constitutes a threat to peace. She refused the traditional Nobel honour banquet instead requesting that the money be given to the poor.

She was fluent in five languages, Hindi, Bengali, Albanian, English and Serbian, helping her to communicate with people from across the globe.

She continued her work with the poor for the rest of her life and died on September 5th 1997 and was given a state funeral by the Indian government.

When she was declared a saint by Pope Francis he noted with great spontaneity 'I think we will continue to call her Mother Teresa'



28.

Supporting and Respecting Our Natural World.

All About Insects

The July edition of Signpost gave a lovely list of 'Things To Do Outdoors This Summer.' There are 12 in all. At least 6 directly involve children and adults with nature and wildlife, often on a very small scale, perhaps meeting creatures that are not usually noticed, taken for granted or not known about.

These are mostly insects and yet we could not, as humans, live without them. They are the most numerous creatures on the planet. They decompose everything that has ever lived, pollinate all our main crops and act as predators and prey.

They have the same basic needs of all living things – food, water, shelter including protection from predators and a place to breed.

Many insects are secretive creatures, living secluded lives and for the most part hidden from view often coming out during the night.

Insects usually have 4 or 5 stages to their lives: adult, egg, larvae (also in 4 or 5 stages) pupa and finally adult. Each of these stages needs a hiding place so it is important to provide plenty of cover throughout the year.

What on earth can live here?



If you would like to help scientists find out more about the pollinators that live in our gardens and to work out how best to help them, why not join Buzz Club (the buzzclub.uk) You can join in with a range of fun experiments learning more about what lives in your garden. You will receive an insect pack with an identity chart and hand lens. Whichever experiments you join you

will receive a regular newsletter, feedback on your results and an invite to take part in other experiments.

<u>Book recommendations</u>. Almost any book by Dave Goulson who is very readable. He and his team at Sussex University started Buzz Club. Examples are The *Garden Jungle, A Sting in the Tail* and *A Buzz in the Meadow.*

Did you know? John Lewis's links with Weston-Super-Mare



Weston Town Council with John Lewis department store has put up a plaque dedicated to John Lewis who owned property in Weston-super-Mare. The Blue Plaque is on the gate pillar of 72 Bristol Rd Lower, and was unveiled on Friday 28th.

John Lewis came from a Shepton Mallet family of bakers and milliners. Through sheer hard work and entrepreneurial zeal, he rose to become one of the nation's favourite retail traders

and his name, together with those of later associates Messrs Waite and Rose, still adorn the front of many large stores and supermarkets from London's prestigious Oxford Street to provincial cities and towns.

In 1843, when John was seven his father died leaving him, five sisters and their 46-year-old mother in challenging circumstances. Whilst John Lewis moved to London to begin making his fortune the sisters, under their widowed aunt's care, were by 1861 living in High Street Weston-super-Mare where they ran a 'fancy' stationery and dress making establishment. Living 'above the shop' was then normal practice. A decade later they were still in High Street, at number 27.

John Lewis's business endeavours in London were beginning to reap rewards allowing his first freehold purchase to be made, a house in Weston-super-Mare for his sisters' early retirement. The detached house at the junction of Arundell Road and Bristol Road Lower, which Mr Lewis named Spedan Ham, came with a substantial garden (since developed) and magnificent views over the bay.

Cllr John Crockford-Hawley said "John Lewis is a household retail name and yet few people will know of his personal family links with Weston-super-Mare and our own High Street. As the world of shopping continues to change it's fitting that we commemorate the Lewis contribution to our local story with this Blue Plaque".

	Activities at weston wuseum m	Augusi
Tuesday 1 st	Dragon Drawing Workshops	
Wednesday 2 nd	Viking Story and Craft	
Thursday 3 rd	Slime Workshops	NA WESTON
Friday 4 th	Punch and Judy Shows	MUSEUM
Thursday 10 th	Mini Paper Flower Bouquet Workshops	
Friday 11 th	Punch and Judy Shows	
Tuesday 15 th	Sea Shell Soap Workshop	For more information see the
Thursday 17 th	Mini Rag Wreath Making Workshops	Weston Museum Website
Friday 18 th	Punch and Judy Shows	https://westonmuseum.org
Thursday 24 th	Slime Workshops	
Friday 25 th	Punch and Judy Shows	Tickets are bookable via TicketSource
Tuesday 29 th	Paint Your Own Flower Pot Workshops	https://www.ticketsource.co.uk
Thursday 31 st	Beaded Keyring Workshops	

Activities at Weston Museum in August

Thatchers and Aardman - The Perfect West Country Pairing

If you've seen the new Thatchers advert on the television over the last few weeks, you may have recognised some familiar scenery – and in a smaller size than you would normally expect it! In fact, pint-sized.

The brilliant animators at Aardman in Bristol created a miniature version of Myrtle Farm including the farmhouse and the apple spa to feature in the new ad that is now being seen on TV, and soon in the cinema too. Keep an eye open for the iconic hot air balloon, and lovable family dog, Myrtle; as well as Martin and Eleanor Thatcher, and cider makers Richard and Sophie.

Being able to collaborate with multi-Academy Award[®]-winning studio Aardman, was a real privilege.

If you're interested to see more about how the film was made using Aardman's stop motion animation technique, Thatchers will be releasing some behind the scenes films very soon! In the meantime, here are a few snippets:

- Animators shot an average of 50 frames per day, or 2 seconds a day or 10 seconds a week. It took 4 weeks with 3 animators to shoot 40 seconds.
- In-between each shot, the Myrtle the dog puppet would need to have her hair done with a toothbrush.
- The tiny Thatchers bottles were 3cm in height, 1.5 cm in width.
- They were made from moulding tiny sculpted wooden bottles and casting in resin.
- The puppets were all between 25cm 30 cm in height.
- Model makers used a beard trimmer to cut the grass.

If you haven't seen the ad yet, you can find it on the Thatchers website.





From left to right: *Danny Gallagher, Aardman; Eleanor Thatcher; Martin Thatcher; Will Studd, Aardman; with Myrtle the Dog, and puppets from the Pint-Sized Perfection ad.*

Shipham, Rowberrow & Star History Society

On a very warm evening in June, 39 people gathered in the cool of St. Leonard's Church in Shipham for a musical recital. The Somerset Russets are a group of performers from across the local area playing tunes and telling the stories of how particular songs were collected and written down before they were lost.



Sixteen members of the group played a variety of instruments including the smallest bass recorder, called a Bassett. There were also recorders, violins, accordions and a single cello. Tea and biscuits followed the recital, and the History Society was able to make a generous donation to church funds. All in all, a very enjoyable way to spend an evening!



Garden Open for Children's Hospice (South West.)

Garden in Sandford.

By appointment only!

Tea and cake can be provided.

You are very welcome to arrange a visit to my garden and meadow fields in Sandford with family, friends and groups from now until September.

The meadow is at its best in June and some of July.

There is no charge but donations to the hospice would be very welcome.

Please contact Di Redfern on 01934 852426 or dredfern@cooptel.net

Paediatric First Aid Training for Parents & Carers TUESDAY 19 SEPTEMBER 7pm @Churchill Methodist BS25 5NG



Professional Instructor
Covers babies & children
2.5 hours training includes accidents, head injury, choking, seizures
Practise CPR & defibrillator
Ask your own questions
£27 inc training, handbook and certificate

> INFO & Booking 01934 844134 Jacquelene

churchillmethodistchurch.org.uk

Churchill Methodist Church

Gardening Notes for August

The Ornamental Garden

Most gardens reach their peak in June but with a lot of planning and plant selection your garden can look good until the first frosts, the star of the month being crocosmia in shades of yellow, orange and red. We probably associate this plant with montbretia which can be considered a bit of a thug, however the modern varieties are less invasive, although they may require lifting and splitting up occasionally.

Hemerocallis, helenium, rudbeckia, Japanese anemones and lilies all come into their own at this time of the year. Dahlias can also be planted singly in the border and often offer a contrast in colour. Shade loving tricyrtis (toad lily) is not the boldest of flowers but on close inspection has the most interesting star shaped white flowers spotted with maroon. Other plants to consider are asters (michaelmas daisies), penstemons and sedums. Grasses can also add another dimension to the border and extend the interest later in the year.

Dead Heading

It is important to keep dead heading to ensure a continuation of flowering especially dahlias which may require dead heading daily. It may be difficult to tell the difference between a bud and a spent flower, the easiest way is to look at the shape. An unopened bud is round whilst a spent flower is more or less conical.

Hydrangea Cuttings

Make cuttings of hydrangeas now while the young shoots are maturing for winter. Cuttings are made from the newest, non-flowering shoots, which at this time of year are known as semi-ripe material.

Vegetable Garden

Start preparing onions for harvesting, when the foliage begins to collapse this can be folded down and the roots loosened in the soil. Lift and place the onions under cover to dry before removing the foliage ready for storing.

Green manure can be sown on any ground as it becomes vacant after crops have been removed. This can be turned back into the soil to improve humus content and maintain nutrients. Pour the seed into a rigid container so you can control their flow when sowing onto moist and weed free soil. Lightly rake in and protect from birds.

Make new strawberry plants by pegging down the new plantlets on the runners into 9cm pots of compost to help them root if they have not already rooted in the ground, leave the runners attached to the plant until they have firmly rooted and keep watered.



Sandford And District Gardening Club

John welcomed our members and introduced our speaker, Sally Morgan, who gave us an interesting talk on 'Climate Change Gardening.'

We were told that Spring is getting earlier by 5 days per decade, and Autumn is getting later. In May 2021 we experienced the coldest May in 400 years. In 2022 we had a heatwave. Trees are coming into leaf earlier by about 14 days and small plants are flowering 32 days earlier than in the 1970s.

The pattern of rainfall may also change. There will be more rain in the winter and less in Summer, with more intense downpours. In 2019 Lyme Hall in Cheshire had 2 days of heavy rain, over 19mm in 2 hours, which caused massive floods in a short period of time.

We were told that it is a good idea to empty our water butts in Winter to stop flooding. There are also special ways to make sure that you can slow down flooding in the garden.

It is a good idea to plant tough, resilient plants, that are drought tolerant. Some of these are: agapanthus, aster, baptisia, lavender, verbena, borage and many species of grass.

Dates for Your Diary

Saturday 12th August 2.30 pm to 4.00 pm

Sandford Village Hall Our Summer Show Open to the public Refreshments and raffle Come and join us for a lovely afternoon





ROYAL AIR FORCES ASSOCIATION MID-SOMERSET BRANCH NEWS AND FUTURE PROGRAMME



JULY MEETING

On Monday 3rd July the Branch held a very successful Fun Games Event at the Bell Inn, Evercreech. Members met for coffee at 11:00 am followed by games of Skittles, Darts, Pool, Ludo, Draughts and cards with Pub Lunches served at 1:00 pm and more games until 3:00 pm.



FUTURE PROGRAMME

There is no meeting in August so the next meeting will be:

Monday 4th September at 11:00 am

Venue to be advised. This will be a General Branch Meeting followed by a briefing by Alan Whitfield from Weston Helicopter Museum titled "An Engineers Journey". There will be lunch at 1:00pm.

Sunday 17th September at 10:15 am

Battle of Britain Commemoration Sunday Service at St Cuthbert's Church, Wells, followed by wreath-laying at the Church War Memorial. Local dignitaries will be in attendance.

All events are open to Branch Members, RAFA Members from other Branches, Current and Ex-RAF Service Personnel (Including RAF Reserves), Current and Ex-Service Personnel from the Commonwealth Air Forces, and Members of the "RAF Family".

Please contact the Branch via e-mail rafa.midsomerset@gmail.com or telephone the Secretary 01458 224057 for further information.



RNLI WINSCOMBE & DISTRICT BRANCH



RESULTS UPDATE

The final figure raised at the Branch Plant & Garden Equipment Sale on Saturday 27th May was a staggering £3,118. Thanks to everyone that attended and contributed to this result. In addition, sales continue on e-bay with £275 received from the sale of a kayak and the 'Honesty Stall' at the Thursday Market averages an income of £20 - £30 each week.

PRESENTING THE RNLI TO THE PUBLIC

There were no fund-raising events in June and July, however, instead the Branch represented the RNLI at two public events. The first was at the Winscombe School Fete on the afternoon of Saturday 10th June and then at the Wedmore Street Fair on Saturday 1st July with displays about Branch activities and RNLI operations on the Somerset coast.



BETTY'S POTS REMINDER

'Betty's Pots' are still available in Winscombe and can be obtained from, and filled pots returned, to Farron's Estate Agents, but Tina (01934 842304) is still on the lookout for more venues willing to help us.

WESTON-SUPER-MARE SHANTY FESTIVAL: 4th to 6th AUGUST

The Shanty Festival will be from 6.00 pm to 10.00 pm on Friday 4th August, from 12 noon to 10.00 pm on Saturday 5th August and from 12 noon to 5.00 pm on Sunday 6th August at various venues around Weston-super-Mare. The proceeds of the festival will be shared between Weston RNLI and Weston Lions.

COLLECTION AT SANDERS GARDEN CENTRE – 12^{th} and 13^{th} AUGUST

Once again RNLI Winscombe Members will be 'moored' at the entrance to Sanders Garden Centre complete with 'Rescue Buckets' on Saturday 12th and Sunday 13th August to rescue cash from the visitors.

2023 WESTON LIFEBOAT WEEK

Weston-super-Mare RNLI 2023 Lifeboat Week will be held between the 19th and 28th of August 2023 at a number of sites between the RNLI shop, at The Cove on Marine Lake and the Grand Pier. There will be collections on the Grand Pier from Saturday 19th to Monday 28th August, plus 2 days of children's events at the Lifeboat Shop on Wednesday 23rd and Thursday 24th August, plus at the shop on Sunday 27th August there will be a cake stall with teas and coffees and a tombola stall. Starbucks are going to host a coffee tasting at the shop, but the date is yet to be confirmed.

There will also be waterborne activities once the dates and formats have been agreed with North Somerset Council.

WINSCOMBE SHOW: SATURDAY 9th SEPTEMBER

The Branch has been invited to have a stall at this event between 12 noon and 4.00 pm on Saturday 9th September. The intention is to provide the Branch display board and a novelty stall.

BRISTOL SHANTY FESTIVAL (BSF) – SATURDAY 23rd SEPTEMBER

The BSF is organised by the local 'High and Dry' shanty group, who will gather around 23 shanty crews to perform, with their supporters to help collect donations, as it's free to enjoy along the harbour front. BSF will be raising funds to be dispersed among its charities which are RNLI: Somerset Prostate Support Association (SPSA) and Children's Hospice South West (CHSW) and they are also helping with the aftermath of the recent fire at "The Underfall Yard", on the harbour side. Once again, RNLI Winscombe Members will be supporting the Festival on Saturday 23rd September at a range of venues around Bristol Floating Harbour and this year Branch members are able to wear our RNLI tabards and shiny new RNLI crew shirts.

RNLI WINSCOMBE FOLK NIGHT RETURNS ON SATURDAY 30th SEPTEMBER WITH REG MEUROSS

RNLI Winscombe & District Branch is pleased to announce that the ever popular Reg Meuross will be returning for a full length concert in Winscombe Church Centre on the evening of 30th September. Reg will be presenting his stunning song cycle 'Stolen from God', with the sparkling playing of concertina wizard Cohen Braithwaite-Kilcoyne (Granny's Attic Member – Winscombe November 2022). Tickets priced £15 may be obtained from winscombe.folk@gmail.com.

CONGRATULATIONS

Congratulations to Michael Buckland of RNLI Weston-super-Mare Lifeboat Station who was awarded an MBE in the King's Birthday Honours. Mike is a retired volunteer lifeboat helm who joined the RNLI in 1999 and launched on 181 shouts, spending nearly 1,200 hours at sea, saving 10 lives. During a period between 2018 and 2022 as Lifeboat Operations Manager, Mike was instrumental in maintaining the RNLI's progress towards establishing a permanent lifeboat station in Weston-super-Mare after it moved from its former home on Birnbeck Island to a temporary base on the mainland, something Mike achieved with enthusiasm and positivity despite the multiple challenges.

JUNE SHOUTS

In June there were 15 'Shouts' between three of our four Lifeboat Stations (Minehead 6, Portishead 3, W-s-M 6). Weston-super-Mare RNLI was kept busy over the weekend (24th to 25th June) with multiple shouts over an 18-hour period. These included someone stuck in the mud near the Grand Pier, suspicious objects in the water that turned out to be debris, two people stranded on the derelict pier at Birnbeck Island, two children on paddle boards at Sand Bay drifting out to sea, and, finally, two children in difficulty swimming near Black Rock, at Brean Down. In the latter case, Daniel Hawkins, volunteer helm of the Atlantic class lifeboat, said, "We arrived near Brean Down and located two swimmers on the rocks. As we'd already launched from a previous shout we saved vital time reaching the casualties. It was an hour after high tide and the strong outgoing tidal currents at this time are impossible to swim against. If we hadn't found them when we did, they may have decided to try to swim back to shore and would have been swept out to sea resulting in a very different ending".

August Quiz Answers Up, Up and Away!

Did you get enough answers right to achieve lift off?

- 1. Montgolfier
- 2. David Niven
- 3. Donald Trump
- 4. Thatchers Cider
- 5. Michael Faraday
- 6. Up
- 7. Angioplasty
- 8. Cameron Balloons
- 9.99
- 10. Winnie the Pooh



Churchill Methodist Church

Enjoy Summer!

from Churchill Baby & Toddler Group

We'll return on Monday 11 September 09.00-11.30

churchill methodist.

A Summer Break



As you read this you may well be putting your feet up and having a well-earned rest from school, work or even church! Summer is a time for taking things a little easier and making space for rest and relaxation. But of course, many continue to work hard to make such recreation possible for us! We may want to take a moment to value all those who make our holidays possible. There's always room to say, 'thank you!'

You will be aware that I recently had the opportunity of taking a little time out for some sabbatical. Howard and I spent a month walking the Via Di Francesco, a pilgrimage walk, in the footsteps of St Francis, in Italy. We walked some 140 miles from Rome to Assisi, using local transport for the other 40 or 50 miles along the way. We took our time, not least because of the wear and tear on our hips and knees as we went up and down steep gradients. In addition, it gave us room to notice things along the way.

It is often the small, seemingly insignificant things which can get overlooked as we travel through life isn't it. How many of us make the time to 'stand and stare' as William Davies puts it in his poem, 'Leisure'? So, I found myself discovering new meaning in the unexpected moments of pause that the walk brought us. The brief conversation with Destiny, a refugee, whilst we waited at a bus stop, who generously shared his bus tickets with us. The awareness of the world of creation around us – birdsong; the quill of a porcupine on the path; a family of wild pigs running through wheat fields. The kindness and hospitality of strangers. Encountering God in new people and places.

During this month, when perhaps the business of your life is stilled a little, are you expecting to encounter God? Will he need to break in or interrupt you, or how might you intentionally make time for him? Where might you notice the glimpses of God in the world around and hear his voice speaking into your experience?

I hope that this summer you will experience not only the rest and recreational power of a good holiday but also the space to renew your relationship with God. Along with the writer to the Ephesians, I pray 'that you may have the power to comprehend, ...what is the breadth and length and height and depth,' of God's love for you. With love and prayers

Bishop Ruth

CHAIR-BASED YOGA EXERCISE CLASSES AT THE CHURCH CENTRE, WOODBOROUGH ROAD, WINSCOMBE

- Do you feel a bit stiff & achy?
- Maybe you have arthritis or some other condition which would benefit from some regular movement?
- Do you want to feel more flexible, stronger and energised?
- Do you need to learn to relax and loosen up both mentally & physically?
- Would you like to meet other people in a fun and supportive environment?

If the answer is YES, then why not come along to our CHAIR-BASED YOGA EXERCISE classes every Thursday.

We meet from 2.00pm for coffee/tea followed by our yoga exercise at 2.30pm. No experience needed. .

Come and try your first class FREE of charge.

Phone/Text Haze 07980 697145 or email haze@accesstoyoga.co.uk



Quotes from clients:

"A good way to keep the body toned when mobility is difficult".

"I did not expect to enjoy exercise!"

"It has social benefits for people like me who live alone".





Every <u>Tuesday at</u> 10.30 <u>am</u> Church Centre, Winscombe All Welcome

Churchill and Langford Ladies Lunch Club

We meet on the first Tuesday of each month

at The Churchill Inn, Churchill at 12.30 pm for 1.00 pm

£15 per head for a 2 course lunch with coffee.

Pre-booking is essential.

Contact Margaret Avery on 07725 056051 for further details.

Please note that the lunch is limited to residents of the two villages or those that have moved away

but wish to stay in contact with friends



Winscombe Saturday

Market Winscombe Community

Centre Every 3rd Saturday of the month 0900-1300







C V Gower Funeral Directors The Square, Winscombe, BS25 1BS

✤ Independent Funeral Directors ✤ Private Chapel of Rest

24 hr service, every day of the year

Traditional, green & non-religious funerals arranged.

Please contact Lindsay Lawrence Dip.F.D. on 01934 842945 or mail@cvgower.co.uk

S.M.H. Property Maintenance

Decorators, Repairs, & Maintenance

For all your carpentry, plumbing, painting, walling, roofing and other repair and maintenance needs contact:

Steve Higgins 01934 852618 07891 673909

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Shakespeare, context classes, poetry, creative writing, A Christmas Carol, An Inspector Calls, and more...

Not sure? FREE taster webinars available!

Visit: www.cantocruncher.com FB: Canto Cruncher Tutoring



Email the magazine team:

parishmag2@gmail.com

Need a Venue for Your Event?

We have several venues available to hire for parties, meetings, classes, concerts and other events. In Winscombe The Church Centre (with kitchen) St James's Church







In Sandford All Saints Church (flexible seating) Meeting Room (with small refreshment area)





For further information or to make a booking visit our online booking system https://hallbookingonline.com





The Stable Seating for 25 to 30 people, sink unit and limited crockery, cutlery Contact Tricia Avery 01934 852360

In Churchill

The Reading Room (3m x 9m) with small kitchen and toilet facilities Contact Emma Stocks 07972 585406



Community Transport in Winscombe, Sandford and Churchill

We are fortunate to have a number of community transport schemes operating in our villages. We have included details of these schemes this month and will include a digest of this information in future editions.



The Churchill and Langford Minibus Society

The Churchill and Langford Minibus Society runs two minibuses and operates a schedule of trips every month to shops in Wells, Nailsea, Clevedon, Worle and Weston. In addition it also provides transport for members to their healthcare appointments and subject to availability runs non scheduled trips for its members.

In the past these have included Churchill Music, Theatres, Cinema, pub lunches, trips to the coast and social events etc.

To see the current schedule of trips please visit https://www.churchillpc.org.uk/Minibus_Society_36635.aspx The schedule is also advertised on various noticeboards around the villages.

To become a Society member of the Community transport scheme please contact one of the organisers listed on the schedule of trips who will explain about the trips and how to enrol as a member.



Sandford Helpline

If you are a resident of Sandford and require help with transport to medical appointments, please contact any of the following numbers

01934 820300 01934 852426 01934 822174 01934 822030

Please do not leave messages but keep trying until you get an answer.

Churchill Volunteer Driver Scheme

This is a self help scheme to assist those without transport to get to the optician, dentist, medical appointments or hospital visits.

Contact Kate on 01934853081 or Trevor on 01934 852589

Winscombe Contact Scheme

Transport available for medical and other health related appointments for all residents of Winscombe and / or patients of Winscombe Surgery.



To make arrangements please contact the transport co-ordinator on 07888 812398

Useful Telephone Numbers

Police	Non- Emergency PCSO Kayley Anderson	Call 101 07802 874658
Fire	Non-Emergency	01179 262061
Police, Fire, Ambulance		Call 999
Utilities - Emergency	Gas - National Grid Gas Electricity - Western Power Distribution Water - Bristol Water Water - Wessex Water (24 hour)	0800 111 999 Call 105 03457 023797 02456 004600
Health	NHS Health Enquiries Winscombe Surgery Banwell Surgery Mendip Vale, Langford	Call 111 01934 842211 01934 820113 01934 852906
Hospitals	Weston General Hospital Bristol Royal Infirmary Bristol Southmead Bristol Children's Hospital	01934 636363 01179 230000 01179 505050 01179 665881
Pharmacy	Boots, Winscombe	01934 843168
Dentists	Honeycomb Dental Clinic Winscombe Dental Practice	01934 842573 01934 842230
Veterinary	Alexandra and Hillyfields Vets Langford Vets Small Animal Practice	01934 843381 01934 852422
North Somerset Council	Information Out of Hours Emergency Environmental Problems Council Tax and Benefits Social Services	01934 888888 01934 622669 01934 888802 01934 888144 01275 888801
Parish Councils	Winscombe and Sandford Churchill and Langford	01934 844257 07399 523961
Assistance	Winscombe Contact Scheme Sandford Helpline Churchill Churches Volunteer Driver Scheme Samaritans (North Somerset) Citizens Advice Bureau Churchill and Langford Minibus	07888 812398 01934 852426 01934 852239 0330 094 5717 0808 278 7973 01934 852589
Schools	Winscombe Primary School Sandford Primary School Churchill Academy and Sixth Form Sidcot School	01934 843407 01934 852602 01934 852771 01934 843102

We hope you have enjoyed reading Signpost.

Don't forget to send us your email address to receive next month's Signpost and future editions.