

# CHEEKY PANDAS

## Activity Pack

# Help

### It's in the Bible Joshua 1: 9

“Remember that I have commanded you to **be determined and confident!** Do not be afraid or discouraged, for **I**, the Lord your God, **am with you wherever you go.**”

### Let's chat! Watch the video: *The Spider Madness!*

Who would you find it difficult to help?

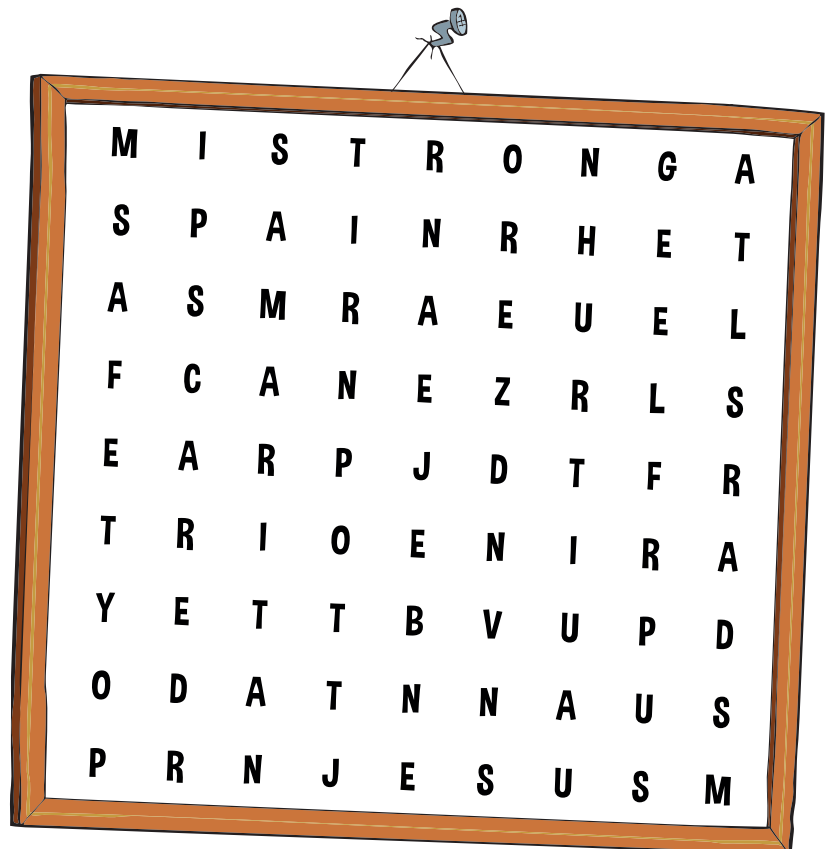
Would there be a time when, even though you were scared, you would still help someone?

Has anyone ever helped you to do something? What did it feel like?

### Let's find the words!

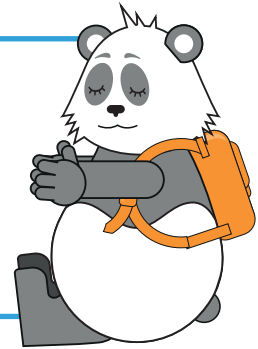
Can you find these words?

**SAMARITAN**  
**HURT**  
**STRONG**  
**JESUS**  
**SAFETY**  
**SCARED**  
**RUN**  
and  
**A CREATURE!**



## Let's Pray!

**Dear God,** when I am feeling a bit scared, help me to trust you. Give me some of your strength to get through whatever it is I am scared of. Help me to walk tall because you are with me. Help me to pray for my five friends to come to know your love for themselves. **Amen**



## You will need:

- paper plate
- scissors
- felt tip pen
- pipe cleaners
- thick piece of wool or string
- sticky tape



## Let's Make!

- Draw some huge eyes on the paper plate. Make them look as scary as possible.
- Place four pipe cleaners on each side of the plate, securing them on the underside with a strip of sticky tape.
- Find the top of the plate and fix a long piece of string or wool onto it.
- Now you can hang it anywhere - perhaps where people cannot see it until they walk into it!

## Food challenge

Today we are making **mini wrap tartlets**.

### Ingredients:

- tortilla wraps • cheese • thin sliced ham • pieces of cut tomatoes • salt and pepper
- a muffin tray

### Method:

- Heat the oven to 180°C.
- Trim the tortilla wraps so that they fit into the muffin tin and come just up over the sides.
- Into the well made by the muffin tin place small pieces of thin sliced ham, grated cheese and pieces of tomato. Sprinkle a little salt and pepper over them.
- Bake in the oven for 10 to 12 minutes and enjoy.



**Colouring Page** *Can you colour in the picture CJ reading her bible?*

