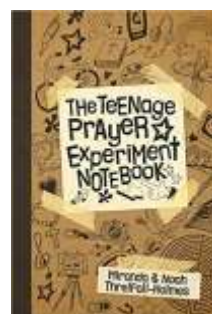


Exploring faith

Books for young people

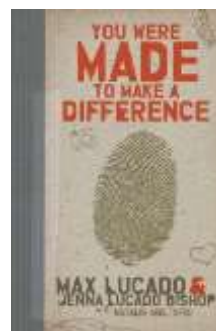
The Teenage Prayer Experiment by Miranda Threlfall-Holmes

Each chapter of this interactive and experiential journal introduces teenagers to a prayer practice, for example using labyrinths, Lego modelling, prayer beads or prayer walking. It also includes comments by teenagers who have tried it out and space for the young person to record their own thoughts.



You Were Made to Make a Difference by Max Lucado

This book offers practical tips young people can take out into their community to make a difference, plus real-life stories about those who have done just that. It encourages young people to believe that their role in life is bigger than themselves, and that they're not too young to make a difference for God.



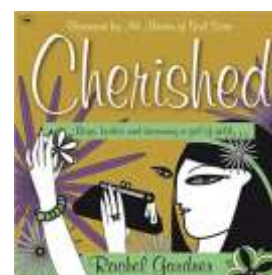
Live Fearless by Sadie Robertson

This book encourages young people to set aside fear, anxiety, and comparison to become the joy-filled person God created them to be - to really be seen and known and to be an agent of change by choosing compassion, connection, and acceptance for everyone they come in contact with. Inside this book are ways to find your power, passion, and purpose. There are places to jot down thoughts, notes, fun lists and practical ways to make changes.



Cherished by Rachel Gardner

This book tackles head-on the issues facing teenage girls: self-image, the pull of the in-crowd, puberty, boys, sex, regrets and godly ambition. It aims to inspire young women to explore their abilities and dreams and encourages them to protect their hearts while still keeping them open to God.



The Man You're Made to Be by Martin Saunders

This book explores the issues that confront teenage guys - from conducting relationships and processing emotions, to handling money and behaving online. Drawing on personal stories and pointing at a role model who provides a much better blueprint for growing up well as a man, it explores the biggest questions: who am I and why on earth am I here?



Tricky by Carl Laferton and Michael Dormandy

Many Christian young people have hard questions about their faith. This book aims to introduce people to Jesus and the answers He gives to the hard questions we ask. These aren't questions with easy answers, but they are questions that have good answers.



Wild Grace by Max Lucado

Today's teens are being shaped by the pressures and disappointments of the world. But this book encourages them to take a close look at what can shape their hearts and their futures if they let God's grace change them.



You Don't Have to be Perfect to Follow Jesus by Mike Yaconelli

This 30 day devotional journal offers deep thoughts and inspiring stories to help young people discover the ideas behind discipleship to Jesus and see how they can make a difference in the world today by learning from the experiences - and mistakes - of the twelve disciples.



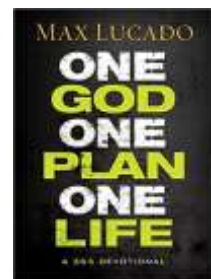
Redefining Beautiful by Jenna Lucado

What does God see when He looks at us? And how do we catch that vision? This book brings girls a fresh perspective on what they need to live a life of peace, joy, and confidence and aims to change the way they look at God, themselves, and the people around them.



One God, One Life, One Plan by Max Lucado

This 365 day devotional for young people encourages them to trust God and His perfect plan for their lives. It addresses topics like faith and obedience but also offers wisdom on topics that teens battle, such as purity, bullying, alcohol and drug use, and self-image.



The Girl De-Construction Project by Rachel Gardner

If Jesus is good news for women in every culture and every time, what does that good news look like for women today? This book is for all young Christian women who want to experience their femininity as a powerful identity that they can define and re-define as they grow as disciples.

